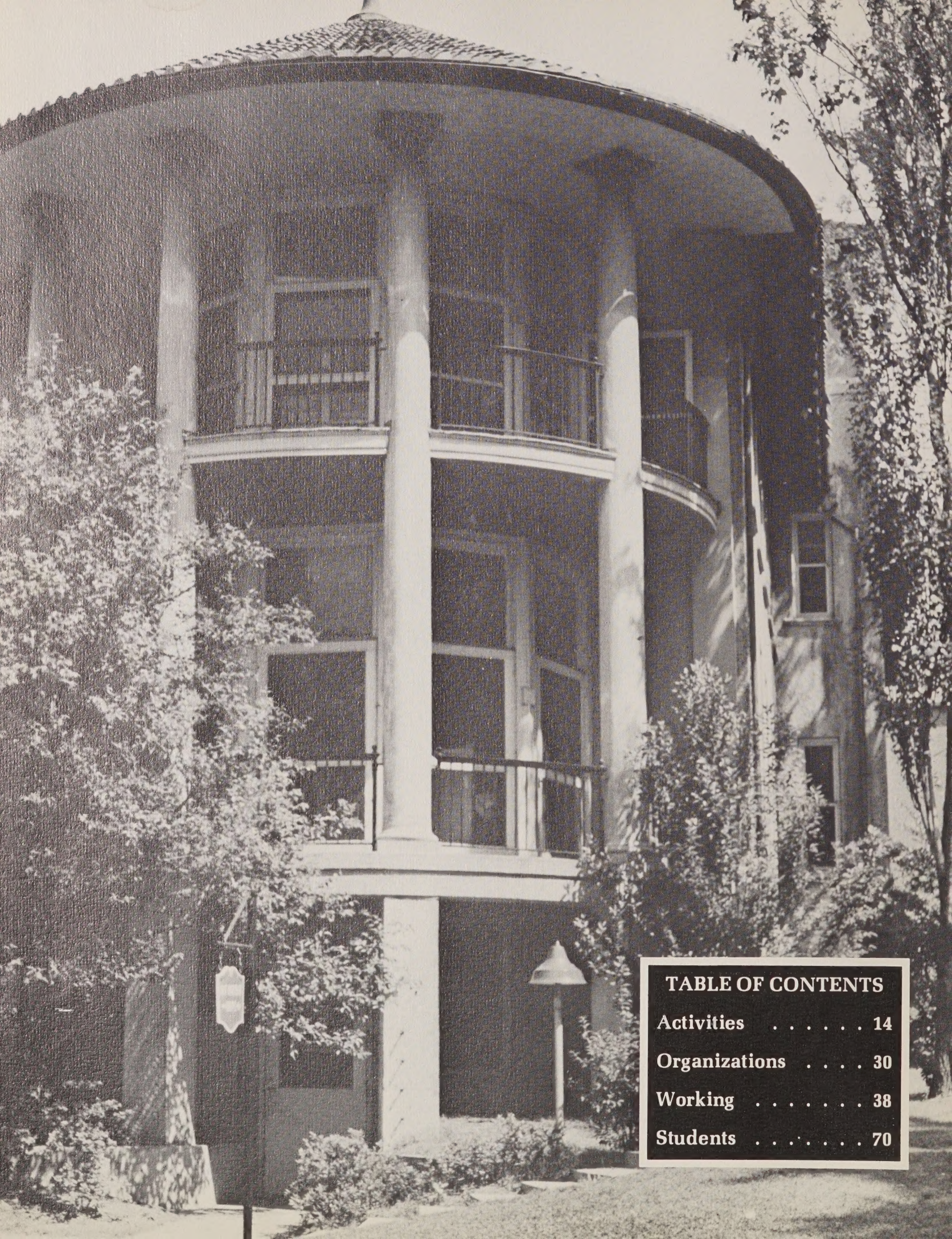
Watts School of Nursing Library
D.C.H.C.

# *THE NIGHTINGALE PLEDGE*

I solemnly pledge myself before God and in the presence of this assembly: To pass my life in purity and to practice my profession faithfully. I will abstain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug. I will do all in my power to maintain and elevate the standard of my profession and will hold in confidence all personal matters committed to my keeping and all family affairs coming to my knowledge in the practice of my profession. With loyalty will I endeavor to aid the physician in his work, and devote myself to the welfare of those committed to my care.



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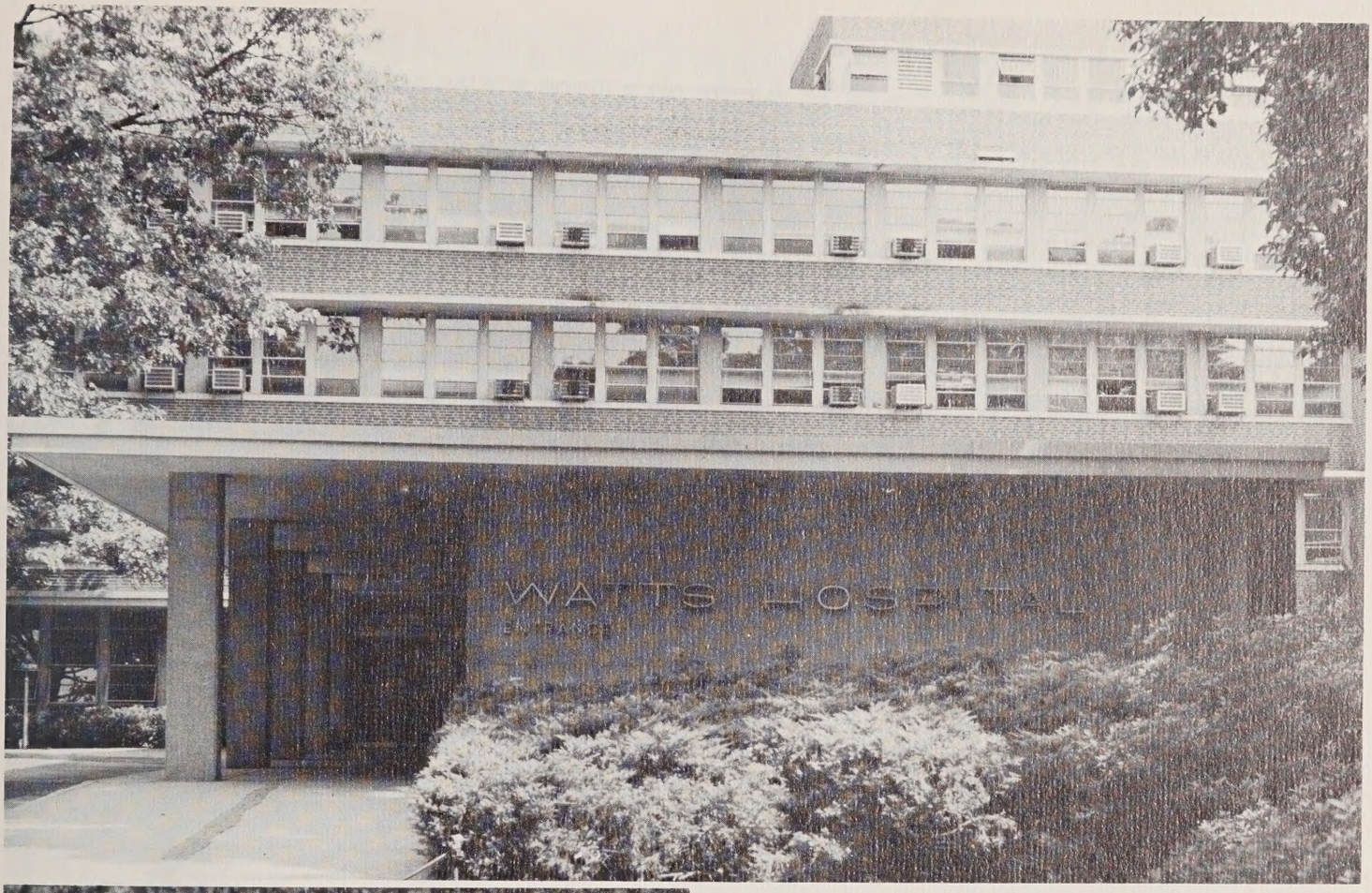
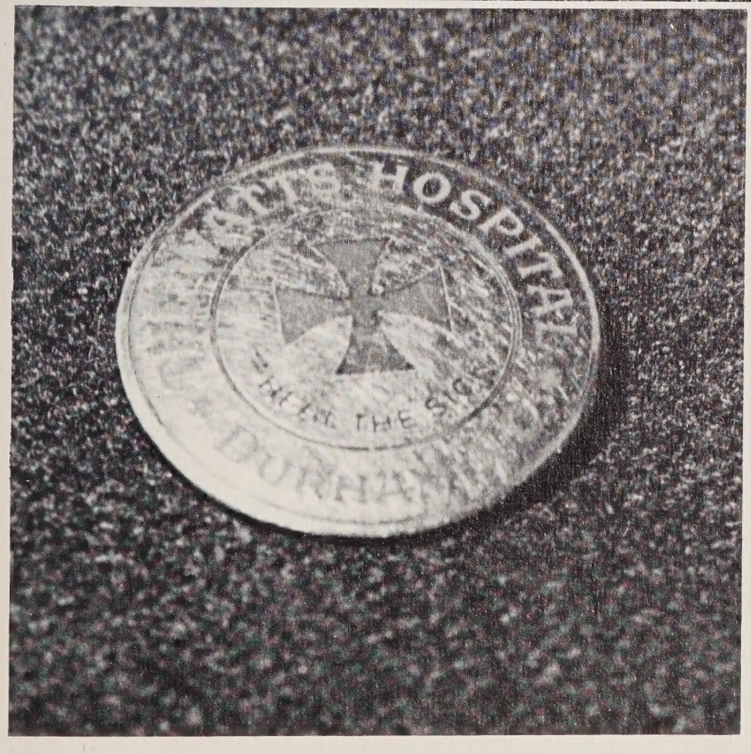


# THE WHITE CAP

Published by the Annual Staff
of
Watts Hospital
School of Nursing
Durham, N. C.
1974

Co-editors— Sande Williams
Rose Wrenn

# ADMINISTRATION

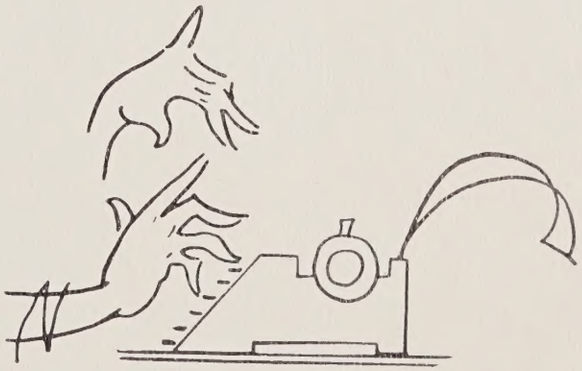
L to R: Mr. Edward McCauley — Director of Watts Hospital; Mr. Earl Powell — Asst. Director

Mrs. Marie Robeson
Director of Nursing

Miss Beverly Smith

Mrs. Betsy Hunt

Miss Ray Batts



The Secretaries
that help us . . .

# Even nurses have their sick days . . .

(R.) Mrs. Ethyl Riggsbee, R.N.
Personnel Health

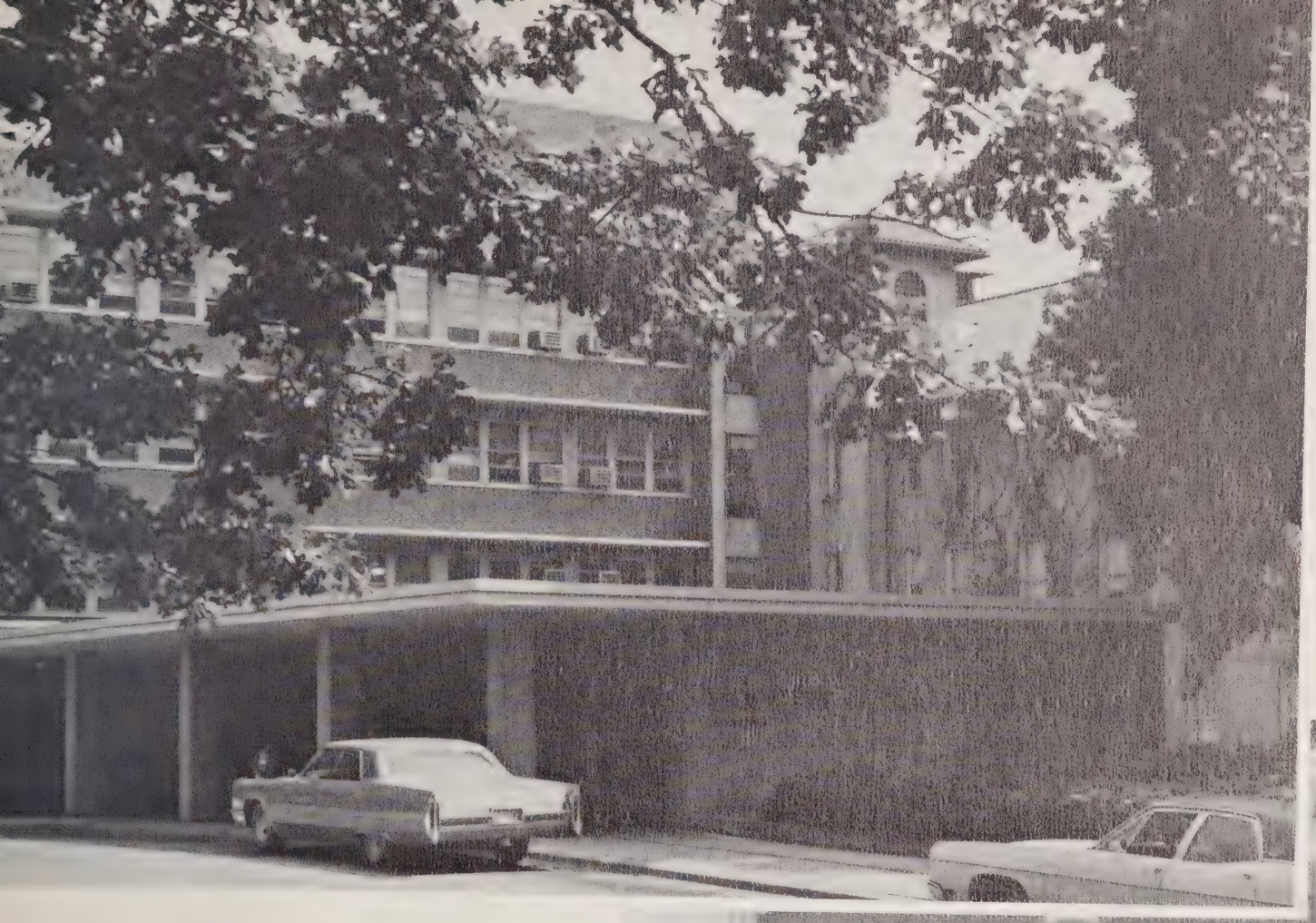
. . . but study comes often, regardless of how we feel . . .

(L.) Mrs. Priscilla Hoover
Librarian

# WATTS HOSPITAL
## 1895—1974

Watts Hospital and its associated school of nursing were founded in 1895 through the generosity of George W. Watts, a noted Durham philanthropist. This school of nursing was the second founded in the state of North Carolina.

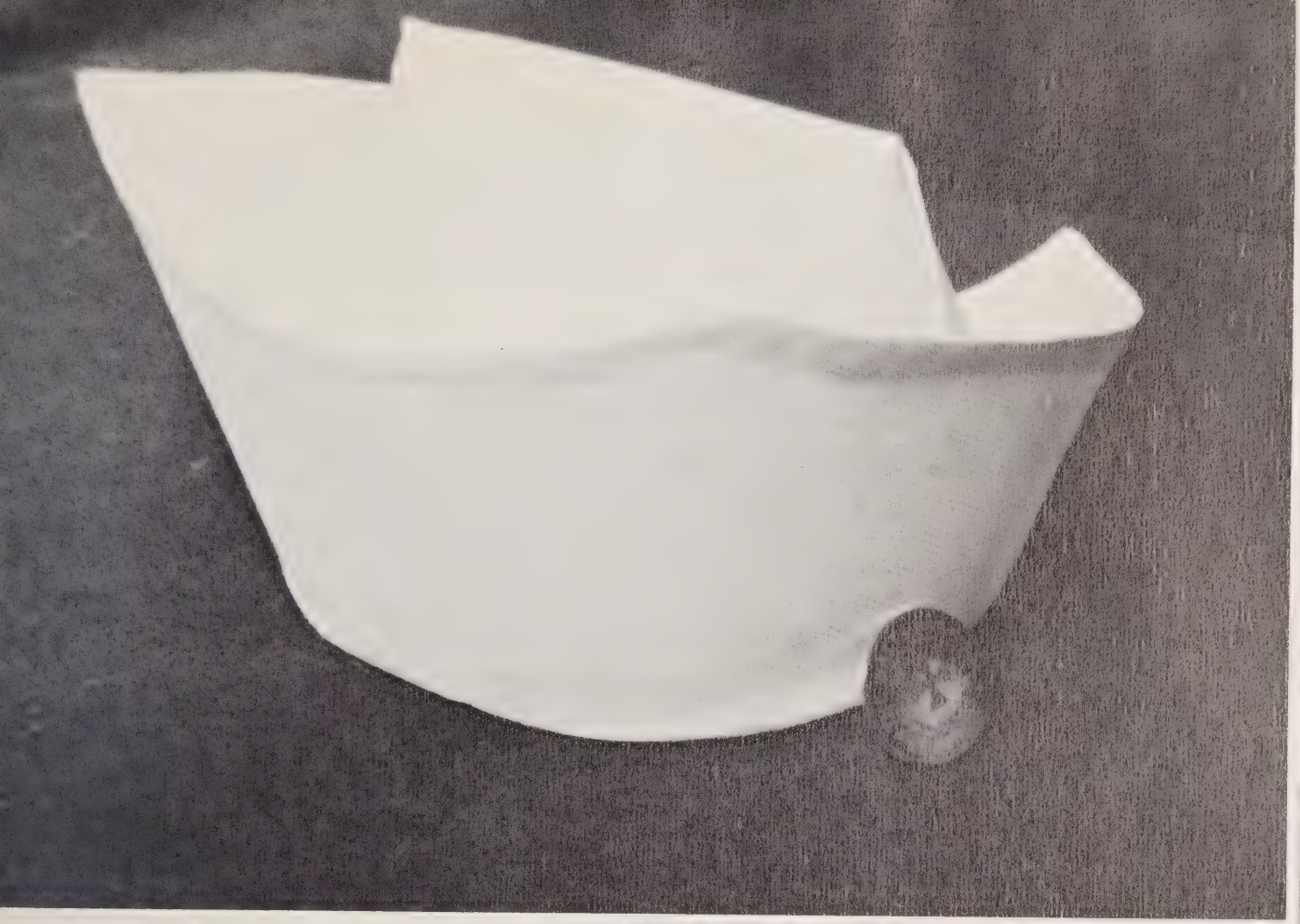
The superior educational leadership in the Watts Hospital School of Nursing began in the early 1900's under the direction of Miss Mary Wyche. Miss Wyche was responsible for organizing the first training school for nurses in North Carolina. The North Carolina State Nurses Association was organized under her leadership, and she was instrumental in obtaining passage of the first law in United States for State registration of trained nurses.



The professional organization, standards of medical care and equipment for care of patients have kept pace with the Hosptial's growth. Outstanding members of the medical profession in Durham comprise the medical staff. Association for internships and residencies in various medical and surgical specialties further enhance the academic environment.

Beautiful flowers bloom in the spring, the trees turn brilliantly gold in the fall, and the winter snow turns our small, but lovely campus into a white heaven.

Our many hours of toil and labor are combined with the beauty of the changing seasons. This makes our home-away-from home seem a little more like momma and daddy.



Three years of thousands of hours of study and twice as many hours of clinical work, a proud Watts graduate-to-be can walk those lonely halls one last time as a student. Happy are the days spent here — and grateful is the student for her very good education experienced at Watts.

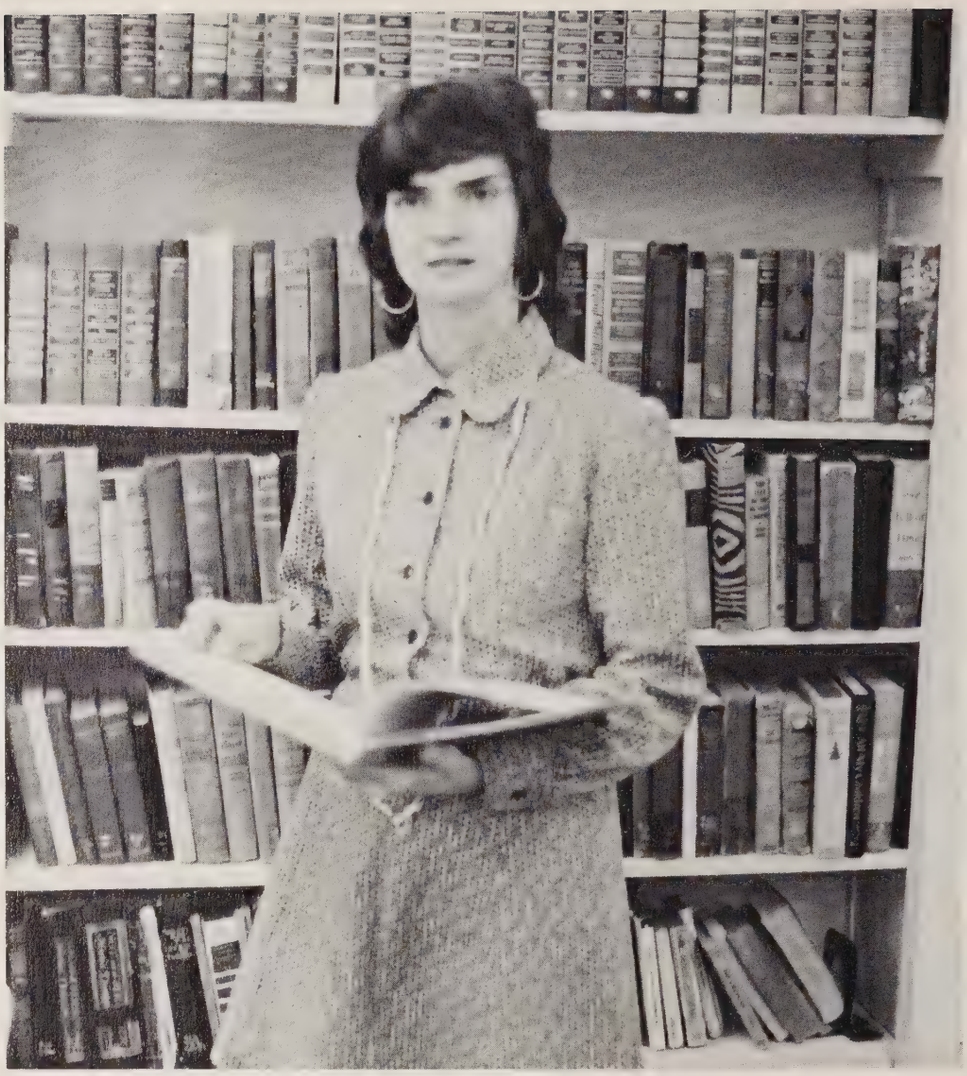
It is hard, it is fun, but most of all it is rewarding to say "I'm a Watts GRAD.!"

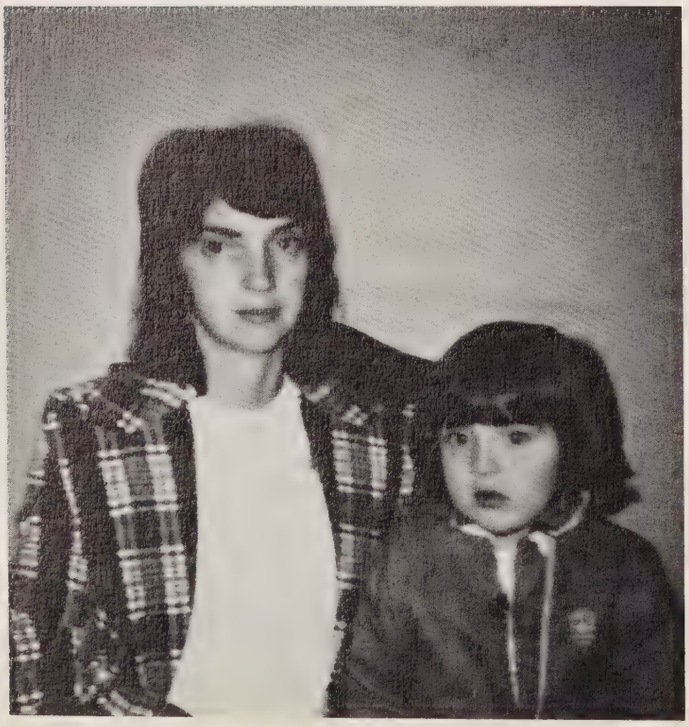
The Annual Staff of the 1974 White Cap Annual of Watts Hospital dedicates our many hours of hard work in this book to Mrs. Patty Hill, our advisor. We thank her for her guidance and patience throughout the year.

We thank you and we love you.

The Annual Staff

1974





Mrs. Patty Hill

ACTIVITIES

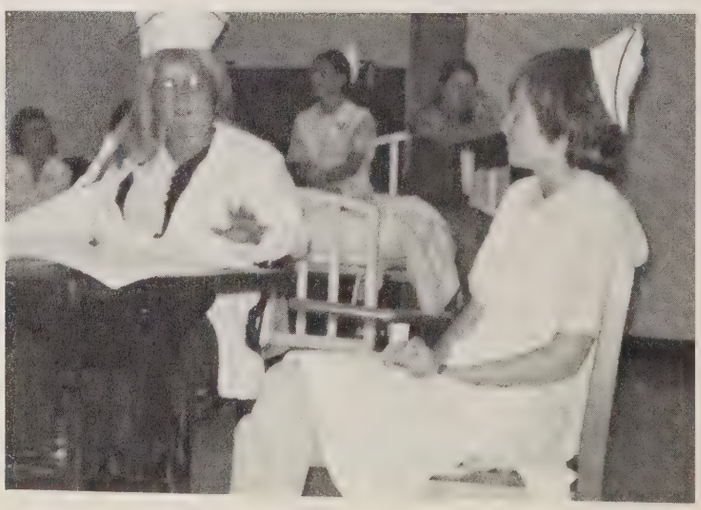
# INITIATION

Little white

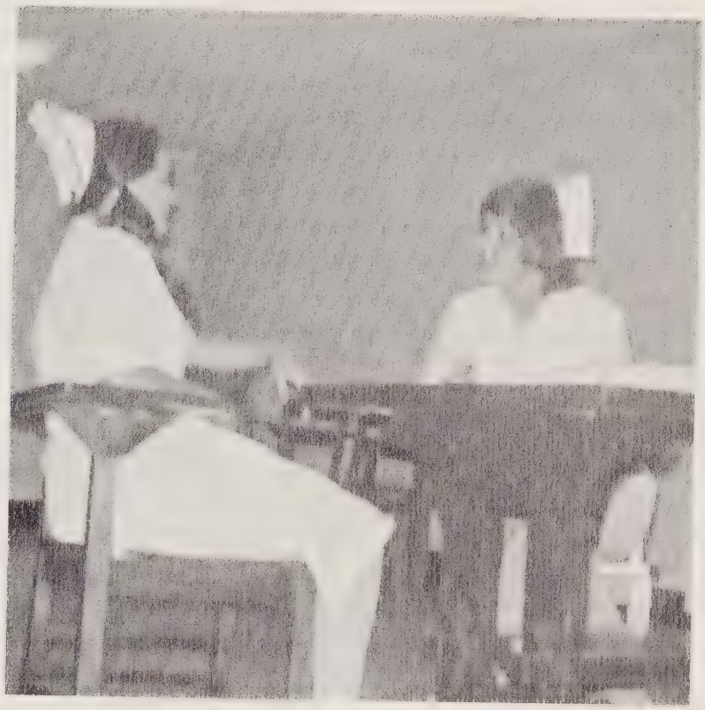
ribbons . . .

Skits, skits,

skits . . .



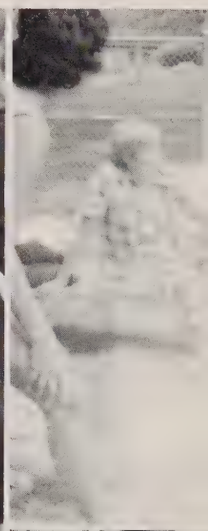
# FALL — 1973

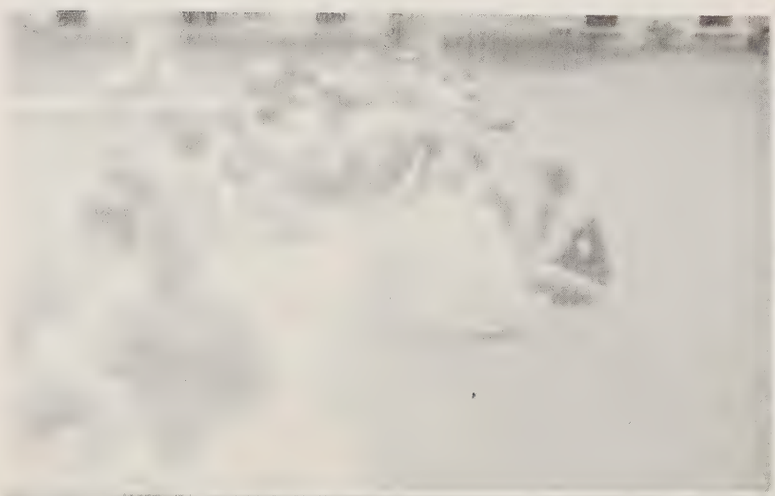


**Lots of fun and laughing . . .**

# ACTIVITIES ON

Throughout the school year the student body gets together to eat, play, have fun . . . Here are a few ways this is done at Watts.
1950 to 1973 Style!

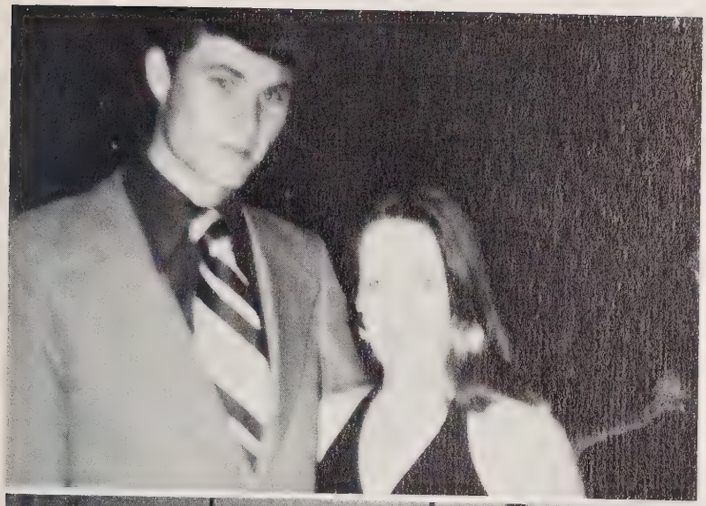




# CAMPUS

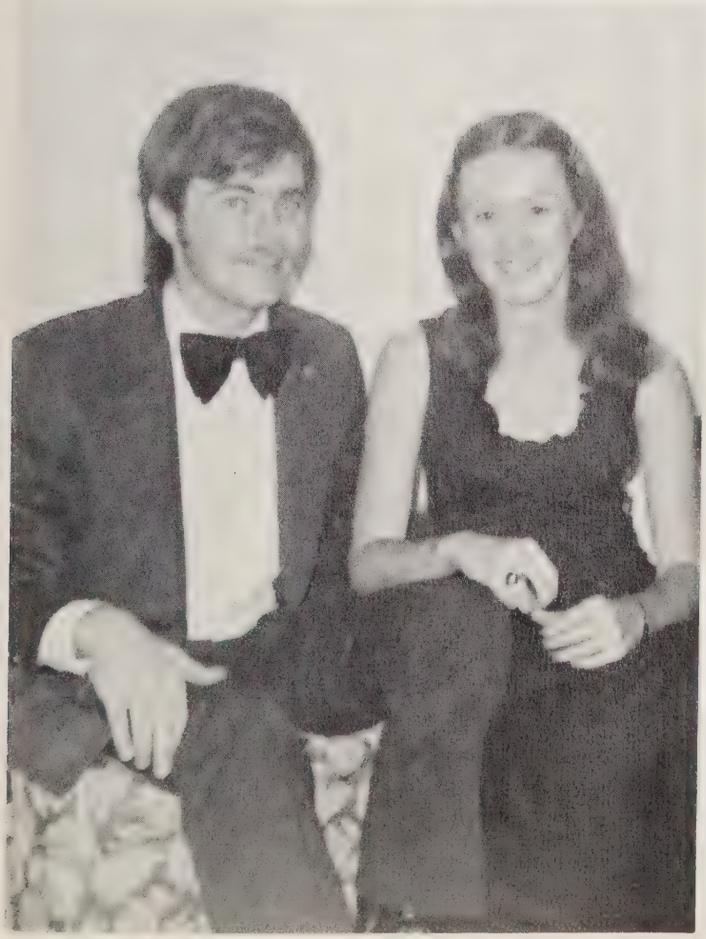
# CHRISTMAS DANCE
# 1973

We ate, we drank,
and we had an
introduction into
our Merry Christmas
Season. Some of
us even danced . . .
all night long.



. . . for some to remember

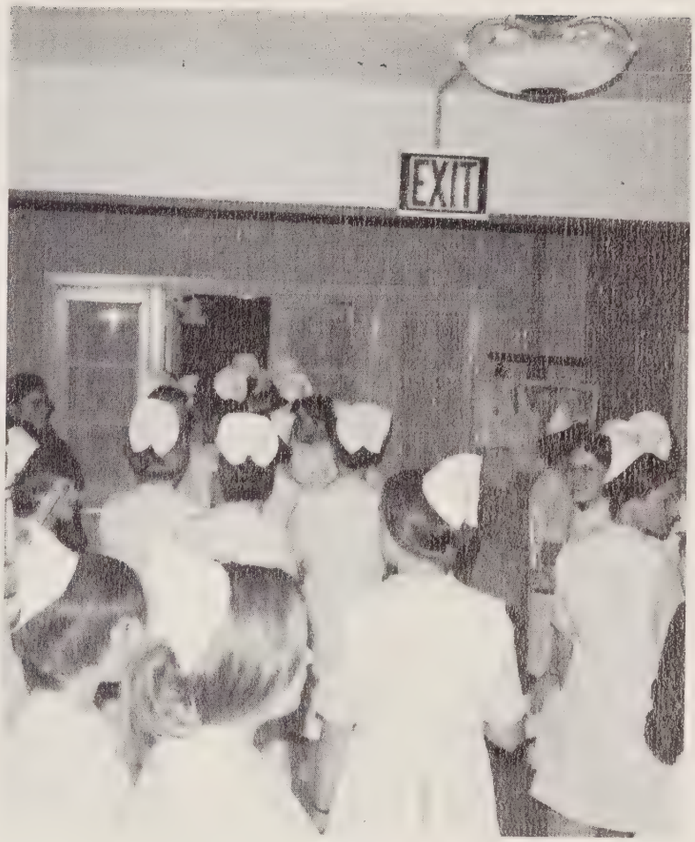
. . . for some to forget.



# MERRY CHRISTMAS
# 1973

"I was looking forward to Christmas caroling, but I had no idea I would be moved during the singing the way I was. The Spirit of Christmas was really in the midst of us. The hospital halls were lightened by the flames of the candles we carried. The patients' faces were as bright as our candles when they heard our singing; some of the faces were even dotted with clear tears of joy and appreciation. I never felt so much a part of Christmas as I did that night.

And that tree we all decorated . . . I really didn't expect an old, green, ragged tree to turn into such a Christmas wonder. We all decorated it together, too . . . together . . . "




*Sing, cry, and sing some more . . .*
*Trim that tree from ceiling to floor!*

# WHITE CAP DANCE

## 1974

Each year the three classes compete to raise money for their White Cap candidate. The class with the largest sum wins, and their candidate is crowned queen. The dance is our Spring formal and the last big "fling" for the year. All the work during the year is made worthwhile for the happiness and enjoyment shared that night.

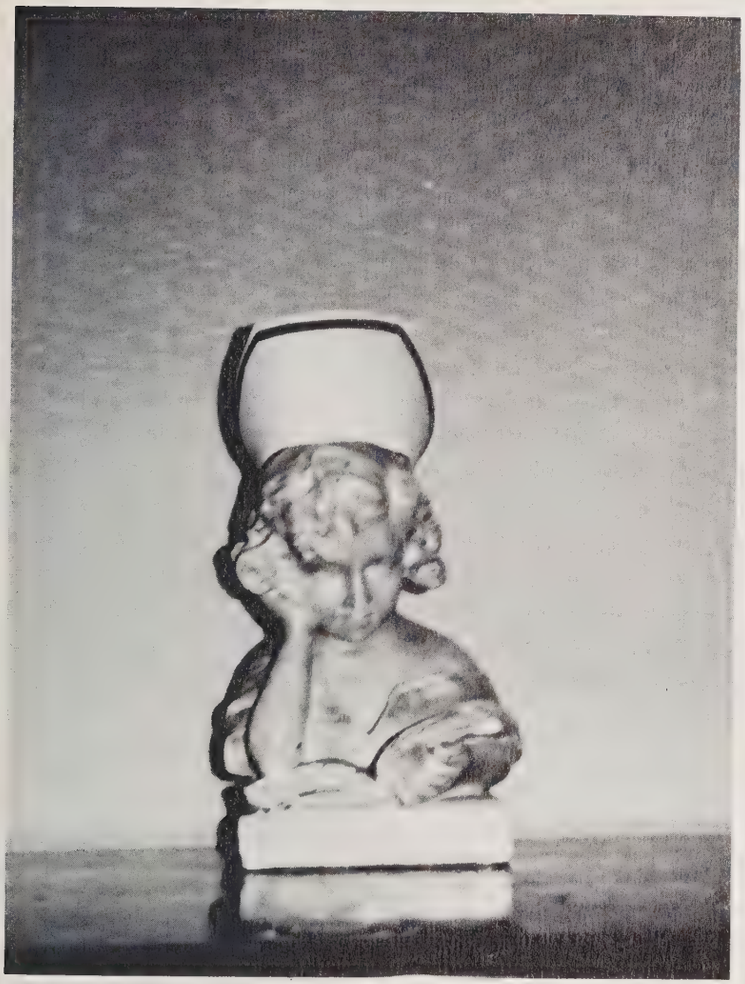
Instructors, Staff House Doctors, and
alumni join the students for a
night of good music and fun . . .

# 1974 WHITE CAP CANDIDATES

FRESHMAN: Donna Harrison

JUNIOR: Gwynn Harrison

SENIOR: Linda Whitfield



ANNIE

# ANNIE

The presentation of Annie has been a tradition at Watts since 1943; it was in this year that a senior student won Annie at the State Fair. This senior having had no roommate of her own, chose to share Annie by passing her on after her graduation to the two closest roommates from the up-coming Senior class. Since that first presentation, Annie has become a symbol of congeniality and understanding between two chosen roommates. This year, Pam Satterfield and Rose White had the honor of accepting the presentation of ANNIE.

"We felt surprise and honor when ANNIE was presented to us. The ability to live with someone is an art in itself, but we weren't naturally talented. A lot of sacrifices, honest conversations and plain hard work were involved in the making and maintaining of our 'roommate' relationship. We wish every girl could share our experiences."

Rose and Pam

Rose and Pam with ANNIE.

. . . Black Bandin
SEN
Hard
Graduation
Annie
Punto Filomena
Tiger
The Bishop
Joy
Happiness
Black Bands . . .
1973

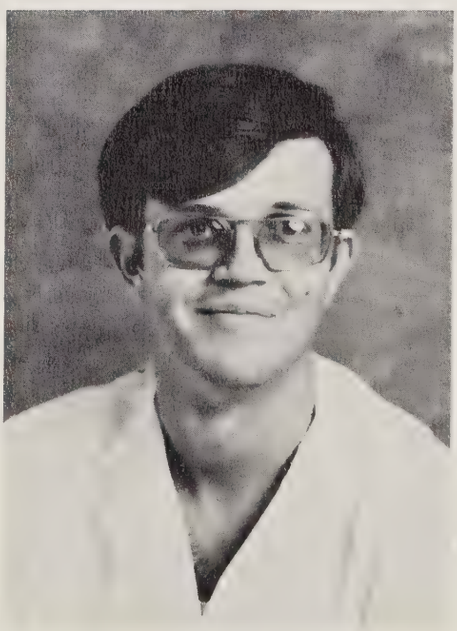
Joanne Snead

Susan Merkel

Linda Whitfield

# SANTA FILOMENA

Sandra Woodlief



Steve Kornegay

Rose Wrenn

# ORGANIZATIONS

# STUDENT COUNCIL

Student Council Representatives

The Student Council is composed of representatives from each class, Student Government officers, and Class Presidents. The Council is the governing body of the Student Government Association.

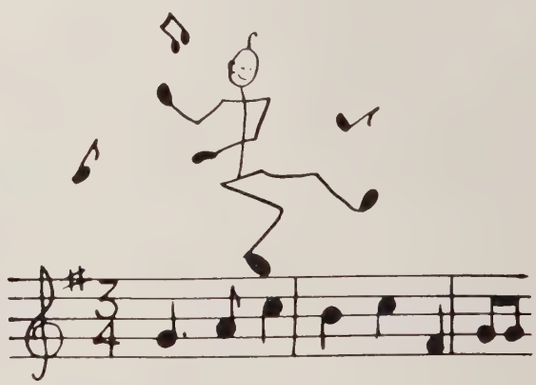
OFFICERS: L to R — S. Eddinger; J. Snead, Pres.; K. Oakes, Treas.; Linda Whitfield, V.-Pres.; Not Pictured — M. Deering, Sec.

# STUDENT GOVERNMENT ASSOCIATION

Under the guidance of Mrs. Penny Holloway (L) the Student Government Association helps the Student Body on its decisions and organization.

L to R: S. Stewart, P. Dickens, N. Stewart, J. Bailey, J. Southern, S. Baitzeigler, S. Alston, L. Clary, P. Cline, J. Williams, B. Johnson; Seated: J. Snead, C. Austin.

# GLEE CLUB



Music and rhythm
find their way
into the secret places
of the soul . . .

Plato

# STUDENT NURSES ASSOCIATION

*. . . preparing for future leadership in nursing . . .*

L to R: 1st Row: C. Austin; 2nd Row: C. Wingert, P. West, C. Pless, K. Sauls; 3rd Row: J. Williams, J. Southern, R. Wrenn, S. Williams, S. Merkel, J. Snead, P. Cline.

# CHRISTIAN STUDENT UNION

L. to R. 1st ROW: S. Baltzeigler, J. Williams, S. Eddinger, G. Davis; 2nd ROW: L. Whitfield, G. Harrison, B. Crutchfield, J. Southern; 3rd ROW: C. Pless, P. Dickens, J. Bailey, S. Stewart, R. George, C. Austin, C. Whitfield, N. Stewart, R. Whitfield.

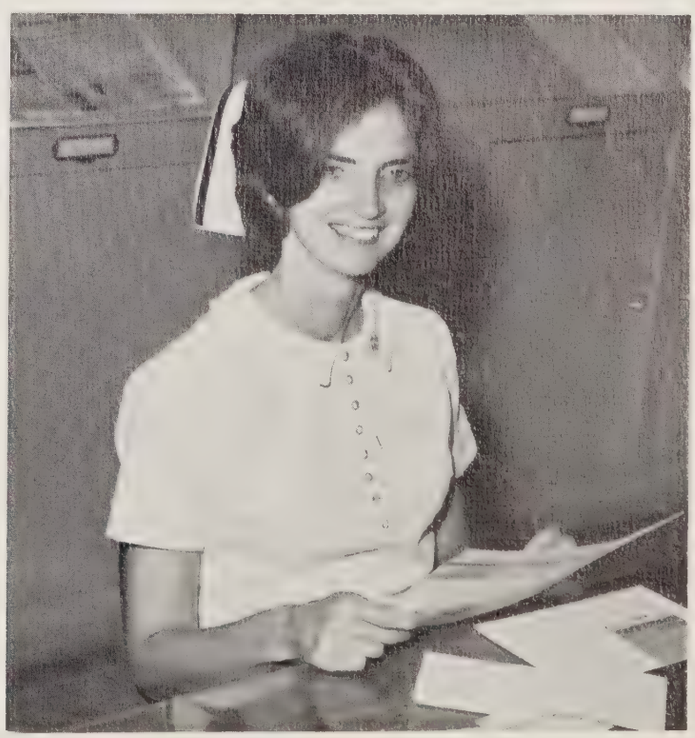
Miss Betty Faltkner, Advisor

At a beach trip — FUN and GAMES!

# ANNUAL STAFF

L to R: S. Baltzeigler, Fresh.; J. Williams, Fresh.; S. Williams, Sr. — Co-Editor; R. Wrenn, Sr. — Co-Editor; S. Cable, Jr.; C. Austin, Sr.

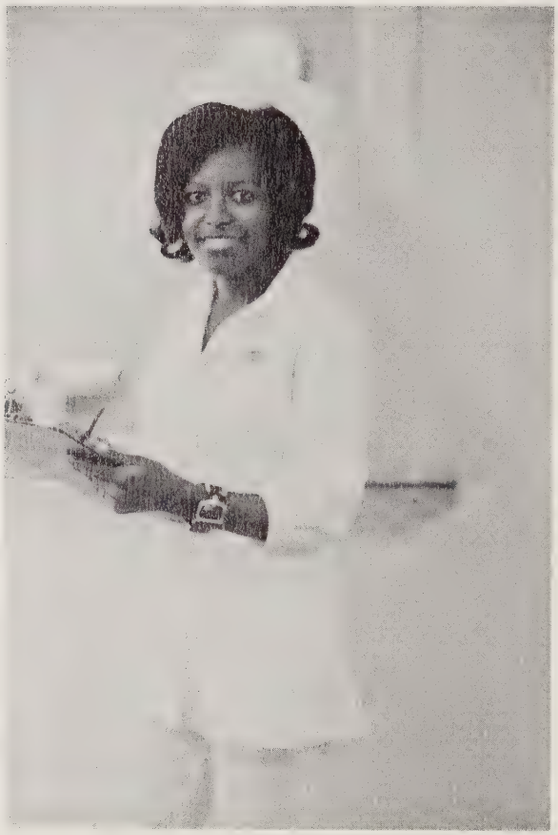
Write,
Draw,
Work, Work,
WORK . . .



Mrs. Patty Hill, Advisor

# WORKING

# FUNDAMENTALS



MARION ANDERSON

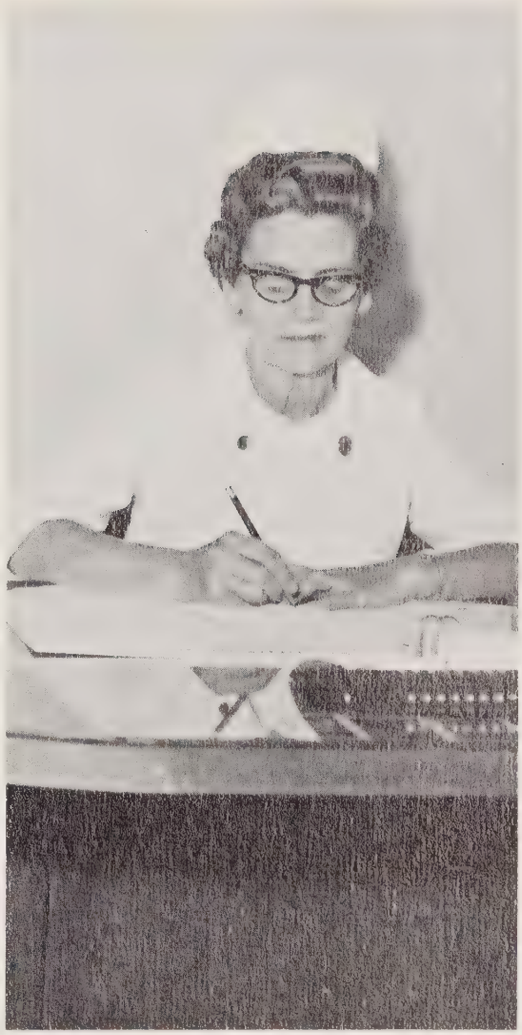
DONNA RODGERS

BEVERLY SMITH

NORMA LIPSCOMB

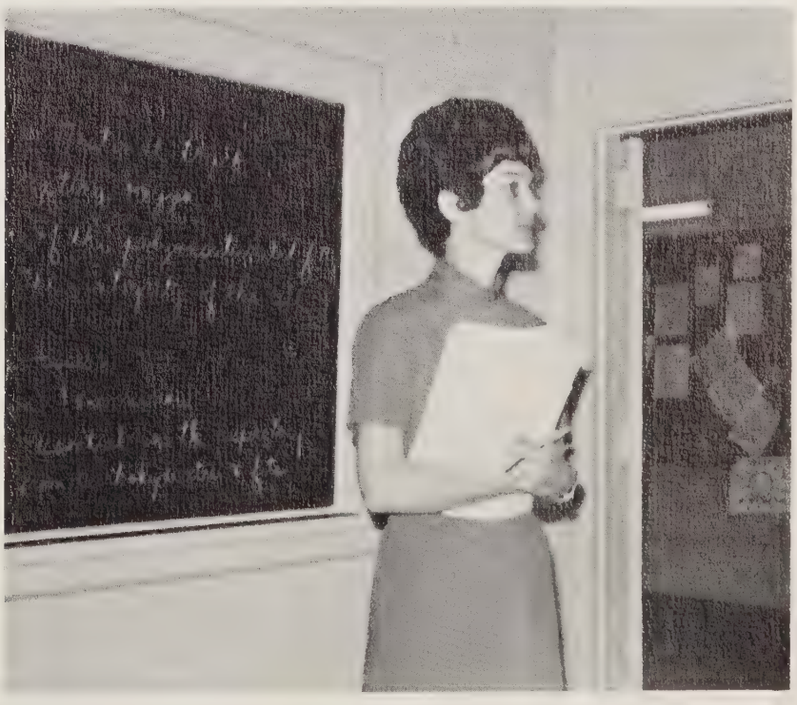
Model nurses, who are helping our dreams come true.

PAT BRADY



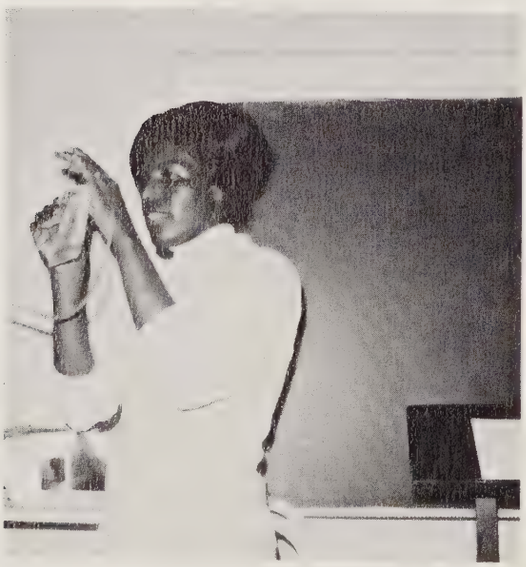
RUBY PIERCE

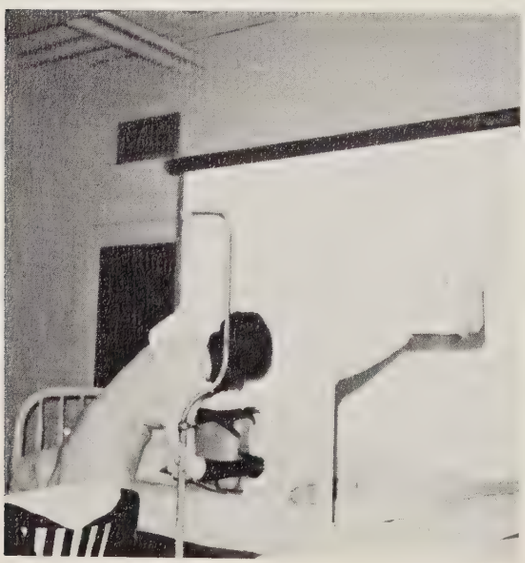
JOAN REINHART



EFFIE CHERRY

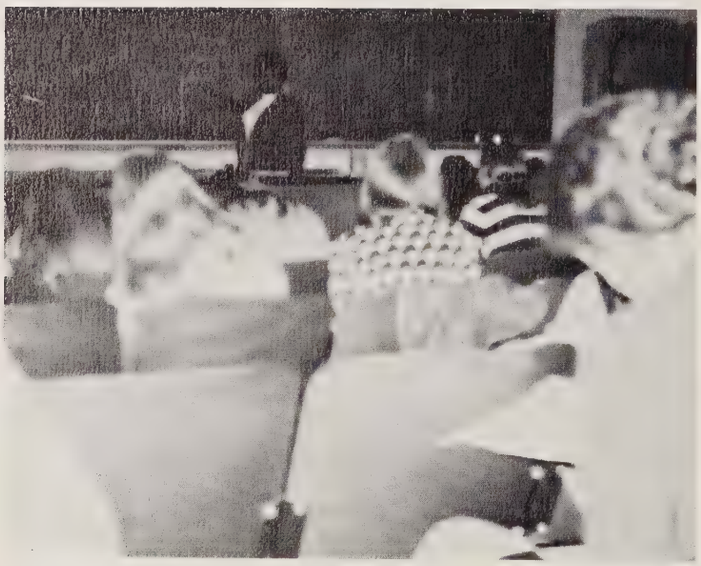
# THE LEARNING PROCESS

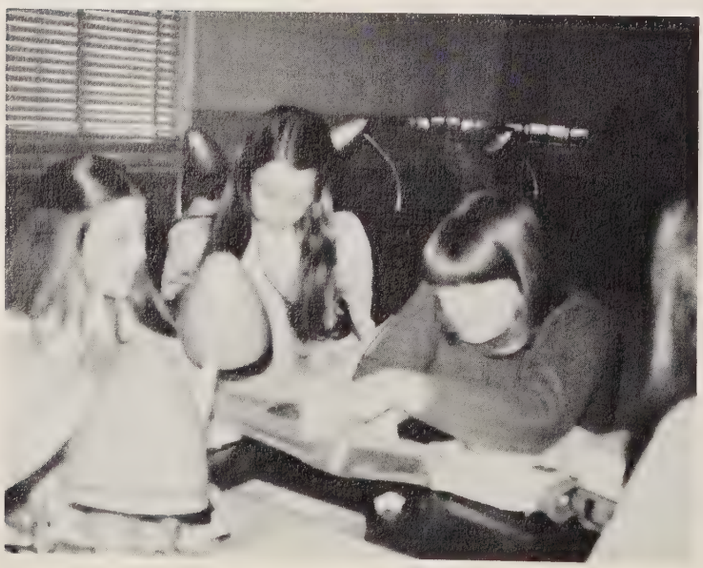


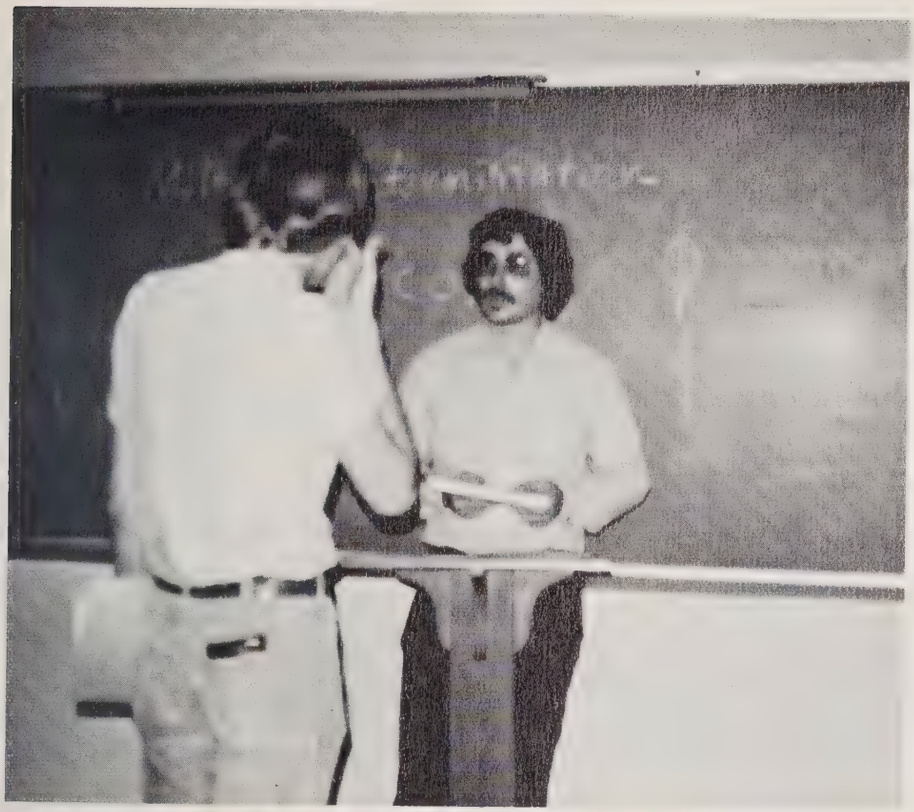


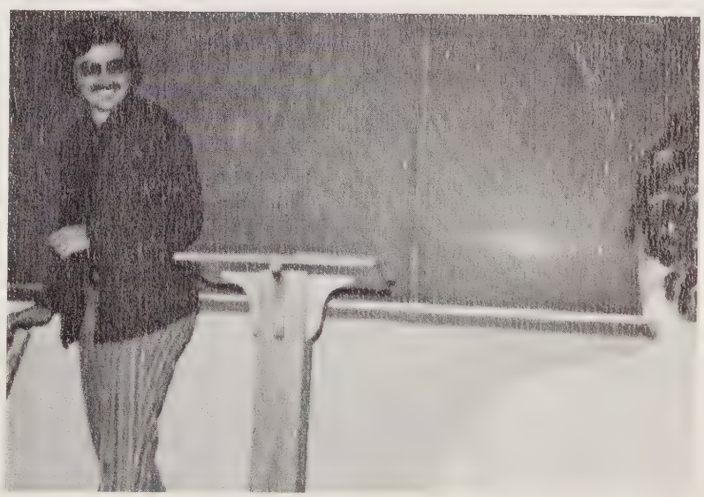
N.
C.
C.
U.

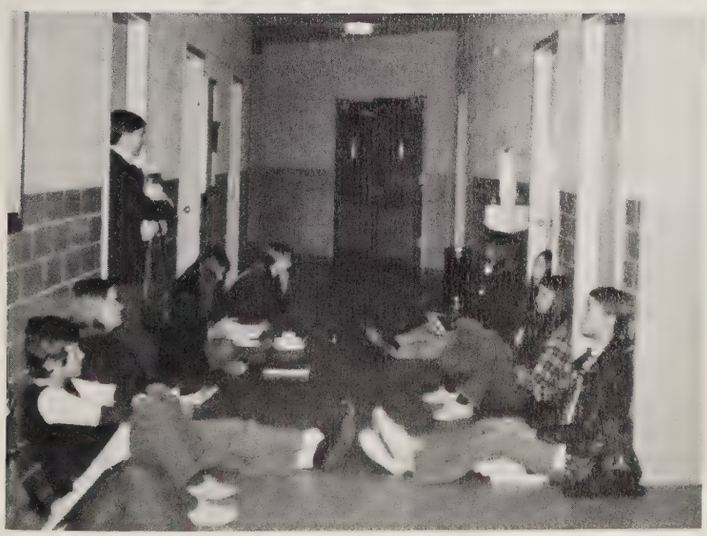
Studies,
academics,
and alot
of hard
work!









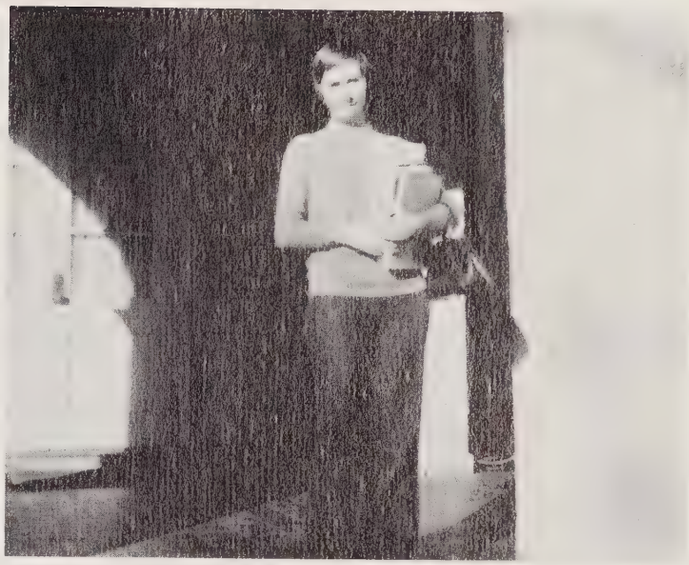


# MED - SURG I

WE LEARN

FROM EXPERIENCE

Temperature,
Pulse,
Respirations,
Blood Pressure,
and
Injections!!



If I can stop one heart from breaking,
I shall not live in vain;
If I can ease one life the aching,
or cool one pain,
or help one fainting robin
Unto his nest again,
I shall not live in vain.

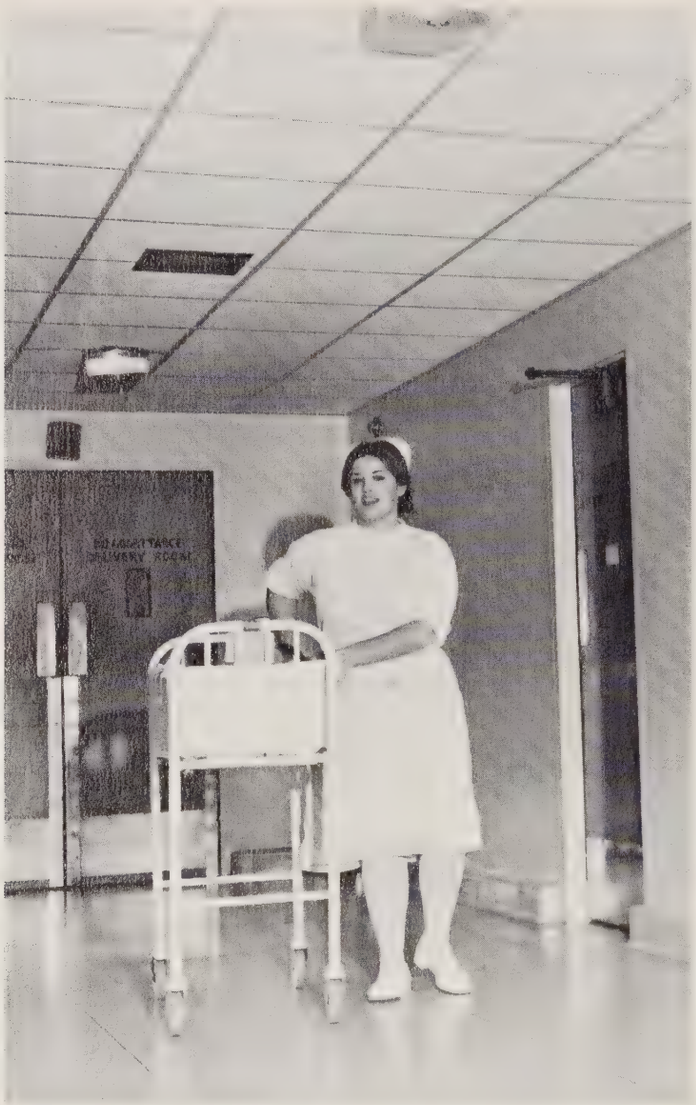
Emily Dickinson

# OBSTETRICS

Mrs. Ann Carroll

Mrs. Dee Lowdermilk

Obstetrics is seeing Mom and Dad come in and seeing Mom, Dad and Baby go home. Timed contractions, long hours of pushing brings a miracle of life, the wonder of birth and that first cry "It's a BOY! is one of those exciting moments with fears for both mother and father. Seeing mother afterwards with a big smile of relief and joy, hearing the baby cry makes all the work more than worthwhile.



The first cry of a
newborn baby . . .
"I am! I have
come through!
I belong! I am a
member of
the Family!
Carl Sandburg

# PEDIATRICS

Mrs. Patty Hill, Instructor

Mrs. Nancy Peters, Instructor

It's a real joy to work with babies, toddlers, school age children and the adolescent. They are filled with tears, laughter, honesty and even a few hugs. Seeing them through illness in the hospital, jumping and playing in nursery school, and learning how to walk at C.P.H. brings such happiness to the students involved. This is Pediatrics.

Pediatric Nurse

A nurse who is expert
With diaper and bottle
And hugs away tears
And who loves those who toddle,

A nurse who likes big kids
And they love her dearly —
A painless shot-giver,
(oh well, maybe nearly!)

Is bound to receive
The most wonderful verse
When Johnny tells Mama
"Hey, look! That's **my** nurse!"

by Dina Finnan

Talk, play,
support . . .
Nursery school,
C. P. Hospital,
Pediatrics!

Mrs. Greta Brooks

Mrs. Ann Drennan

# MED-SURG II

Miss Betty Jean Faulkner

Miss Betsy Jones

Med-Surg is nursing. The knowledge gained in class is practiced in clinical experience. You work as a group and as an individual to give the best care possible. There are moments of sorrow but they are outweighed by the moments of joy. Each ward's staff helps you, supports you and even covers up those little mistakes which seem so big.

The first year you start the basics. The second, you learn about the diseases and their effects and in the third, a deeper knowledge is gained and you're ready to go out on your own.

The instructors — what can be said. As freshmen, they're patient. As juniors, they let you begin to spread your wings and as seniors they let you fly but under close supervision. They may not always praise you, but when they do you know you deserve it.

## A Lament

The day begins with . . .
Go to the pharmacy
Run to supply
Go with the doctor
While he checks this guy
Get him a flashlight
And a tongue blade
The housekeeper's gone
There's a bed to be made
Get a clean gown
Don't you see this spot?
Go tell the nurse
That I'm needing a shot
Take out this patient
Stop on the way
Leave this at the lab
And this at x-ray
Get me a blanket
I'm taking a chill
Go tell the nurse
That's time for my pill
Go to the record room
Get his old chart
Roll up patients
Here comes the dinner cart
Put on my slippers
Help me to the chair
Hand me my glasses
They're right over there
Thankyous out-dated and please
never heard so willingness suffers
for lack of a word a student nurse's
life is not one of ease but it sure
would be helped by one tiny word
. . . . . PLEASE.
Mary Brown

## Charting Dilema

What meaningful observation to state

About a patient who's feeling great?

How to describe some unusual drainage

When you're deficient in word-type brainage?

How to spell a strange doctor's name

When the phonetics are never the same?

How describe patients who're acting mean

In statements correctly legal and clean?

One final stupendous suggestion in parting:

Let's switch to digital computer charting!

Lorna V. Ullrich

# PSYCHIATRY

Journey
into
the
mind . . .

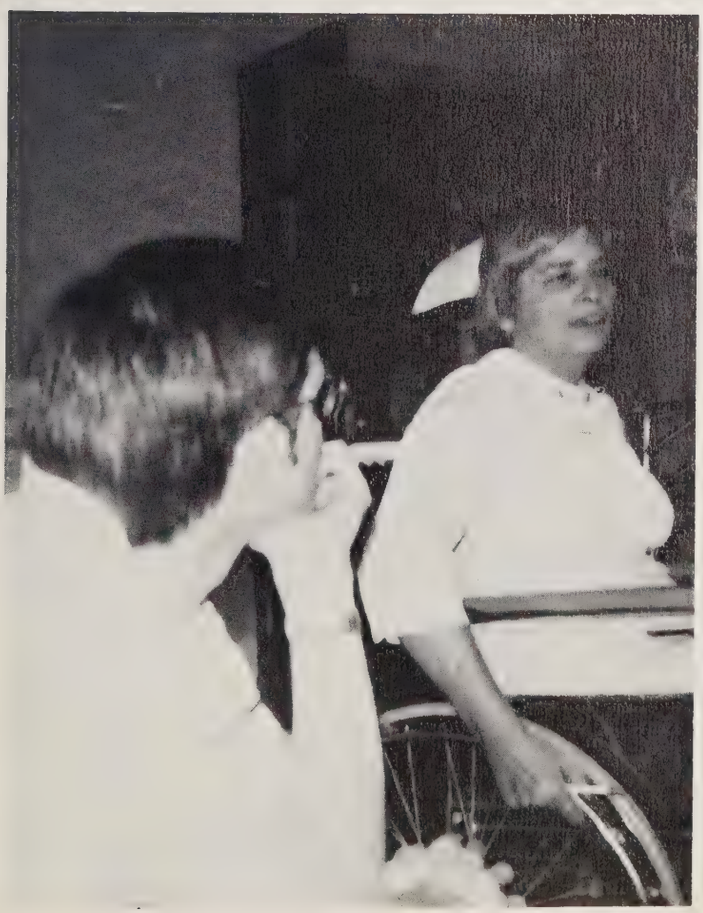
. . . and
discover
yourself!

# MED - SURG III

Mrs. Penny Holloway

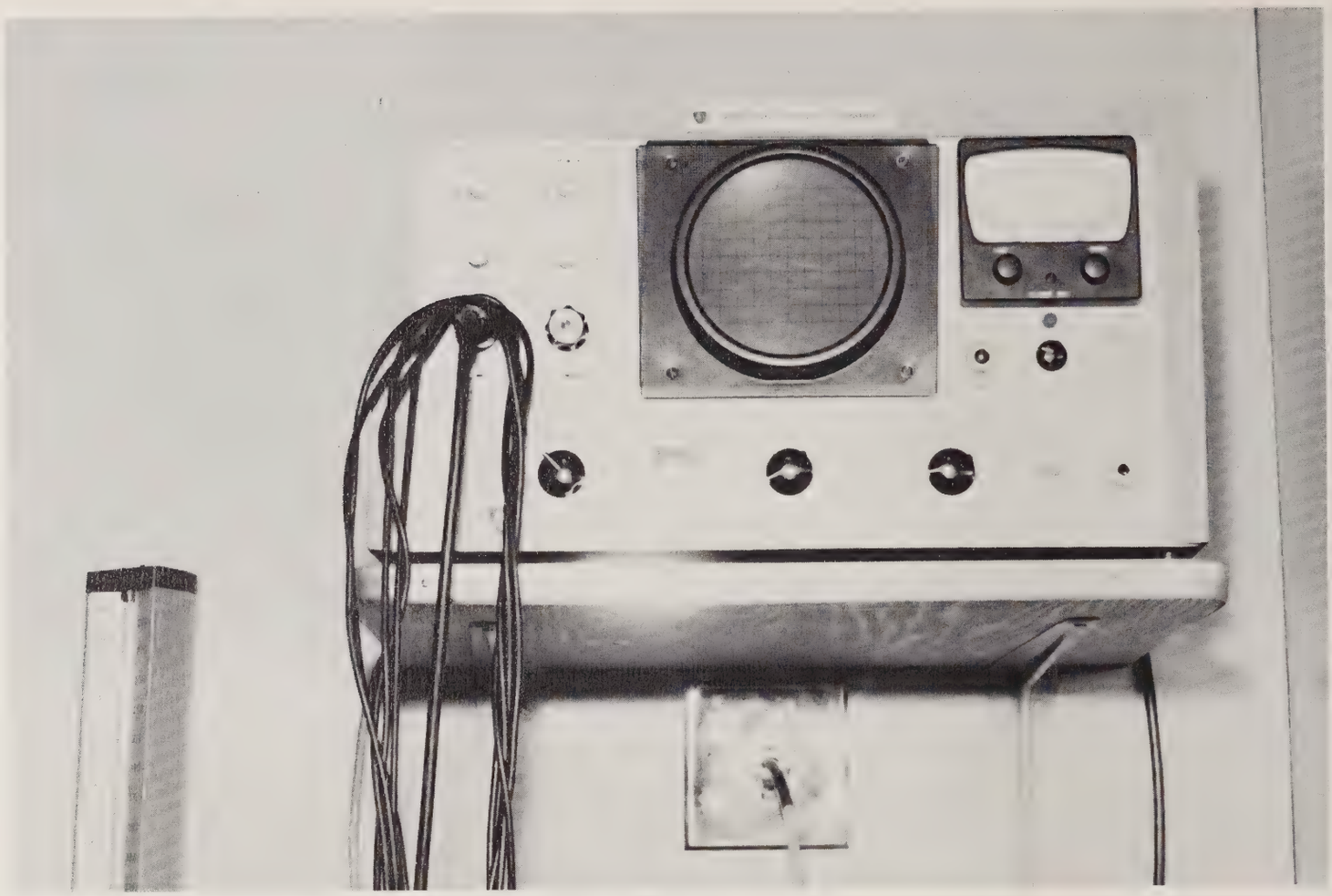
Mrs. Carol Osman

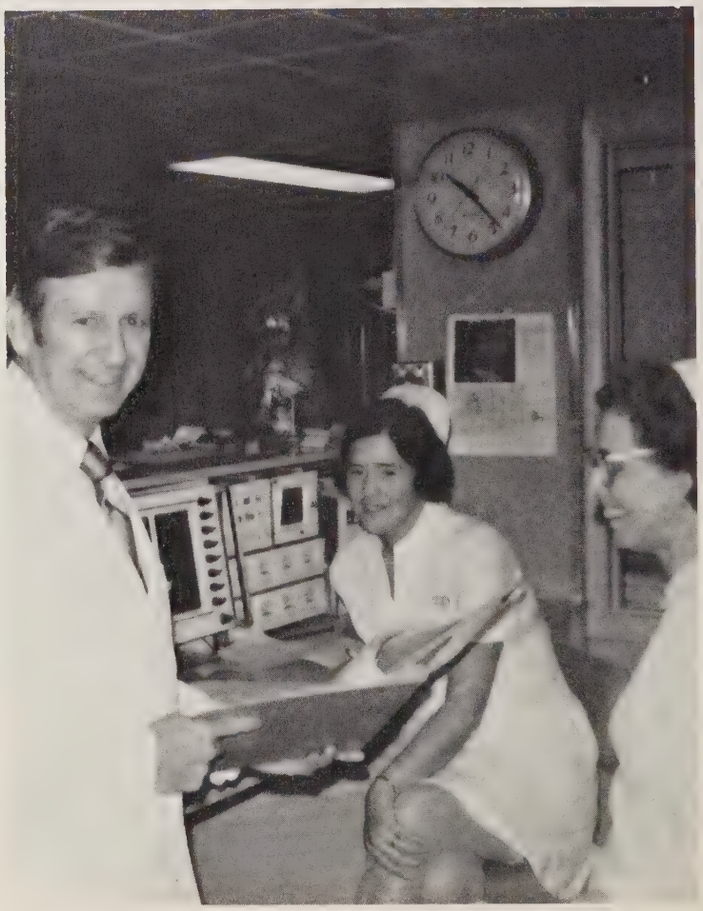
SENIORS



Medical-Surgical Nursing continues the concepts, understanding and skills to which the student is introduced in Fundamentals her freshman year. Each level progresses in complexity and depth.

As a Senior, the student nurse is expected to dive in and learn more on her own. It's a last chance to grasp all the knowledge she can before her final Leadership course.





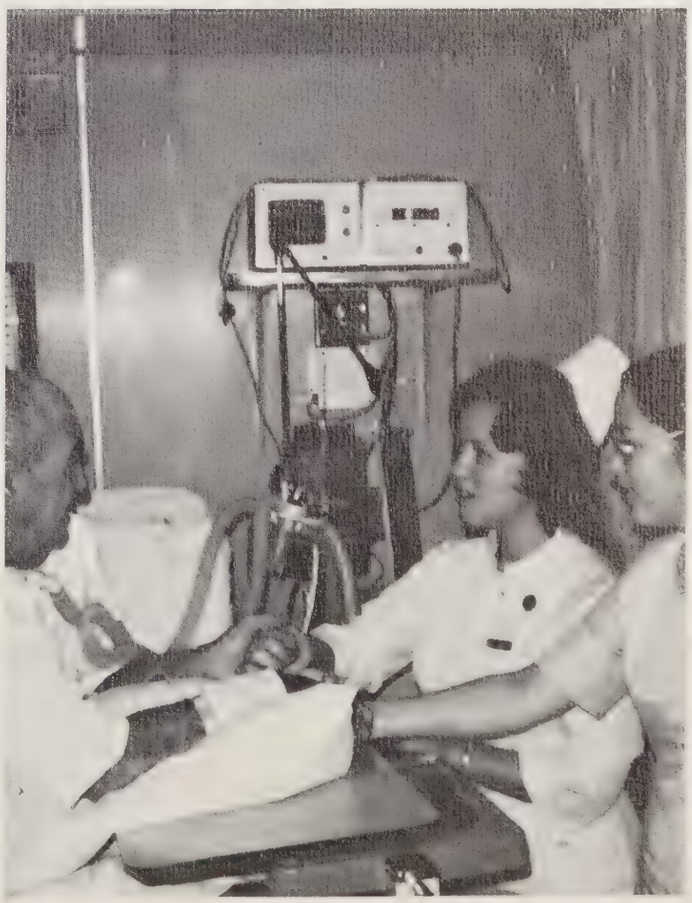
We have studied and learned "the causes and cures, and if it can't be cured, here's the treatment" for our three years in Med.-Surg. Each year goes in depth further — and it gets harder.

The Senior year, the student rotates through MICU and SICU. Both experiences are interesting and the knowledge gained is secured tightly, never to be forgotten.

SICU,

Chest tubes, trachs, catheter tubes, and many I.V.'s. This is your chance to really learn about the Surgical patient.

Our experiences in both Intensive Care Units sets a great challenge to us. The personnel have been just great to us — answering our many questions, helping us with procedures not yet done, and guiding us as mature adults. There is no way we could thank all the personnel and our instructors for all the time and efforts devoted to us — we can only graduate and be top-notch nurses — as they have certainly tried to make us.

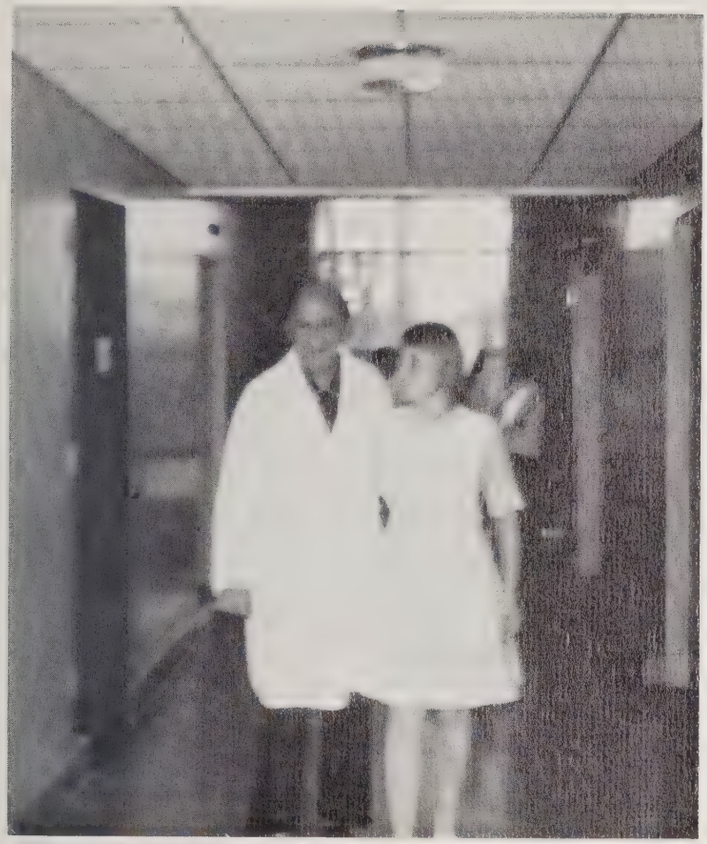


# LEADERSHIP

Mrs. Penny Holloway, Instructor

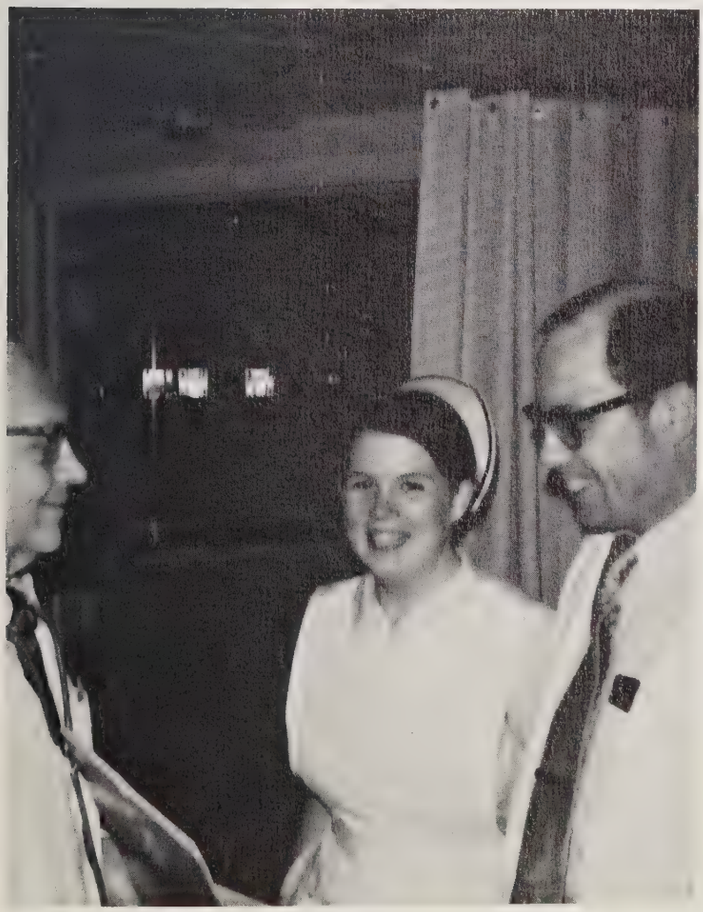
Our final step—
Our last chance
learn every
last thing
you can
Senior —
Graduation is
soon.

Mrs. Carol Osman, Instructor

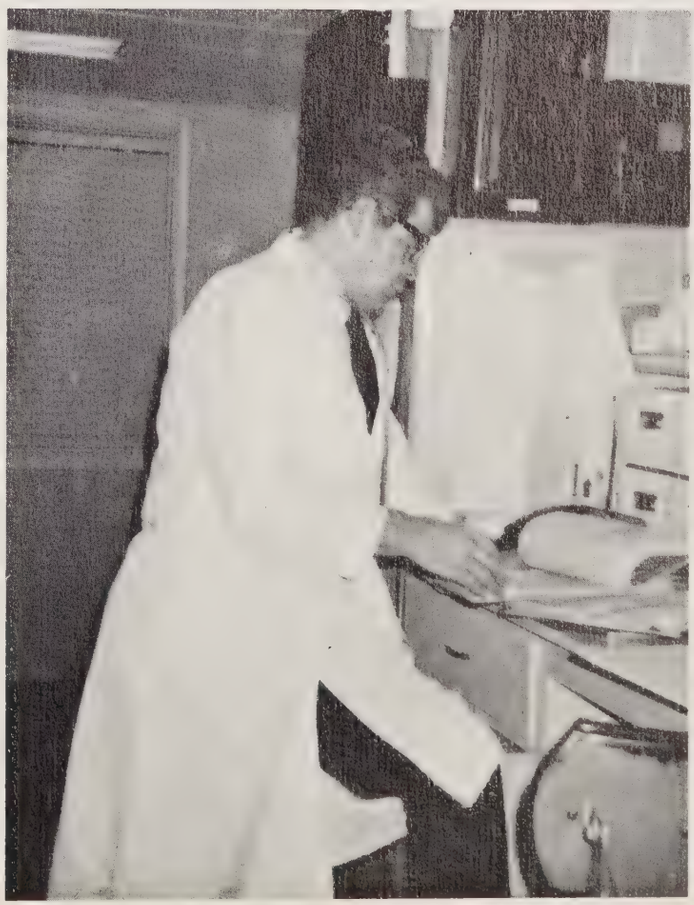


Lynn and a patient on a stroll.

You are a Senior now — Leadership will help to guide in the hardworking hours as a Graduate.



Dr. Flemming and Dr. Miller converse.



Dr. Izler studies.

STUDENTS

# FRESHMAN

OFFICERS: L to R: J. Williams, V.-Pres.; P. West, Pres.; B. Johnson, Treas.; C. Raney, Sec.

CLASS FLOWER: Red Rose

CLASS MOTTO: "Happy are those who dream dreams and are willing to pay the price."

Sybil Baltzeigler

Julie Bailey

Jane Brady

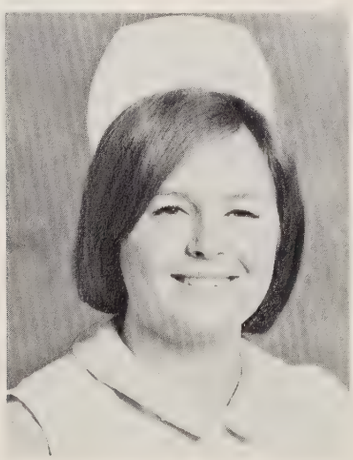
Donna Branch

Clara Butler

Sarah Caviness

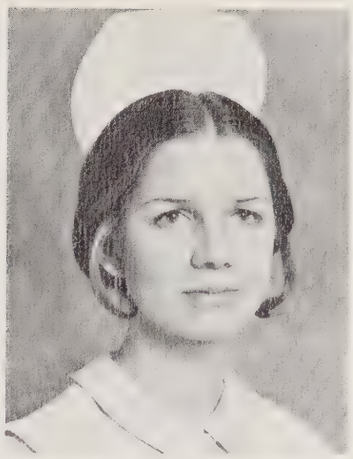
Lester Chalmers

Kay Chandler



Sandy Chestnut

Debbie Chrisman



Susan Clark

Lana Clary

Mary Deering

Pam Dickens

Debbie Dorsey

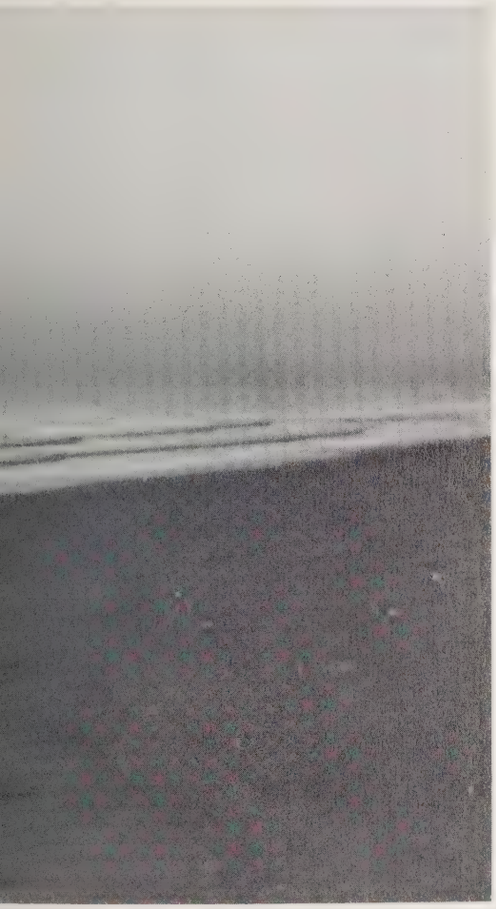
Lynn Godwin

Marsha Goodwin

Cathy Jo Grady

Martha Hagadorn

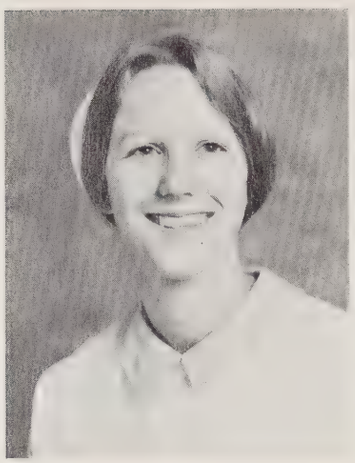
Debbie Harris



Patricia Harris

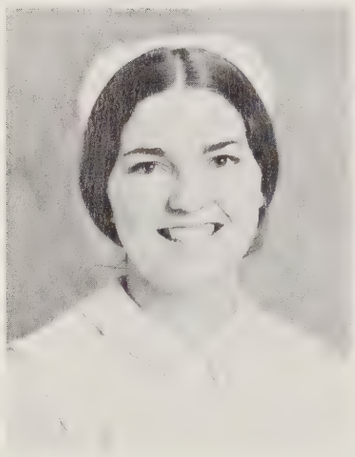
Donna Harrison

Stephanie Hitchcock



Debbie Humble

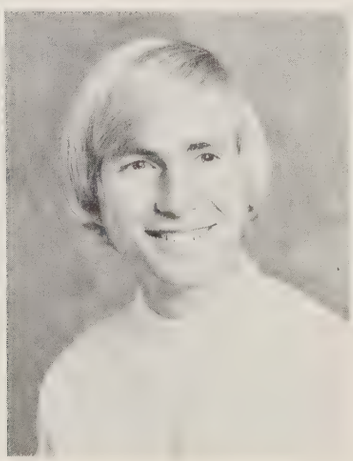
Kathy Ingle



Betsy Johnson

Debbie Jones

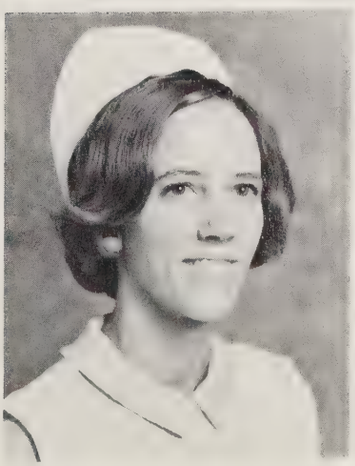
Michael Keaton



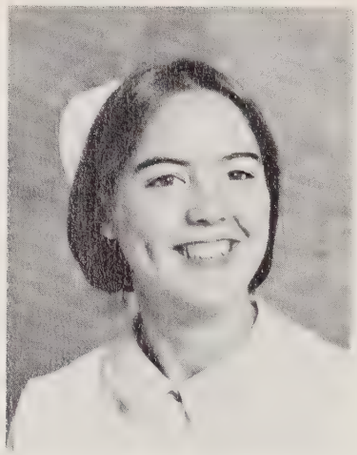
June Lane

Ketchie Lucretia

Terri Mangum



Dottie Miller



Sheila Murphy

Jackie Oakley

Sarah O'Conner

Lynn Olive

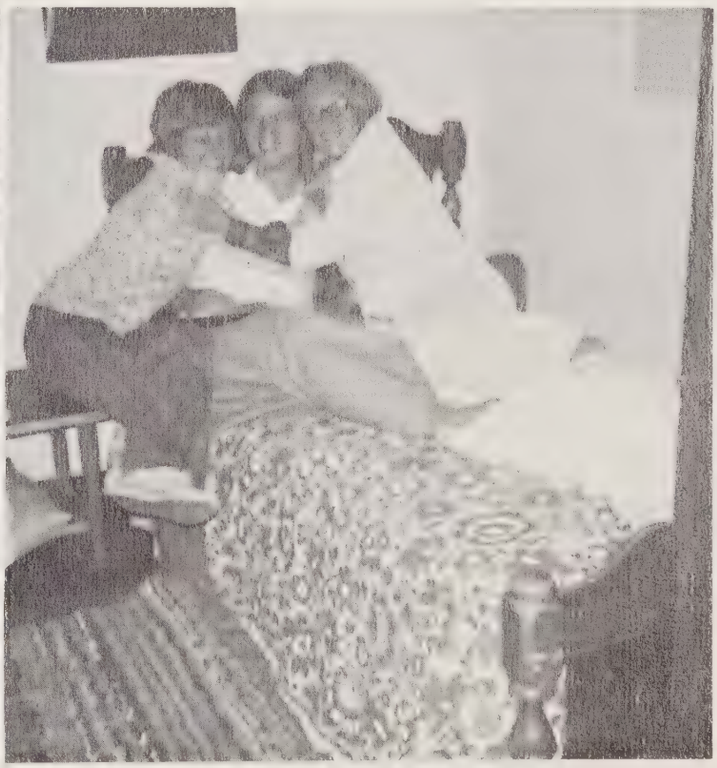
Brenda Parker

Carol Pless

Patricia Poole

Kay Porterfield

Cindy Rainey



Nancy Stewart

Sharon Stewart

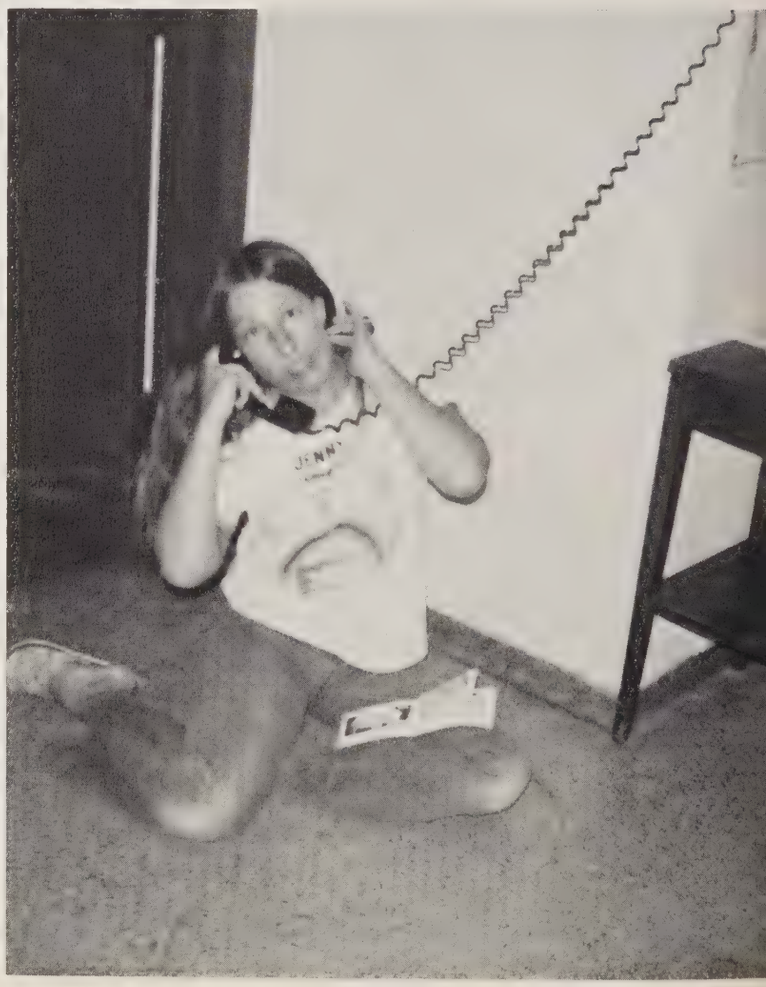
Joanna Southern

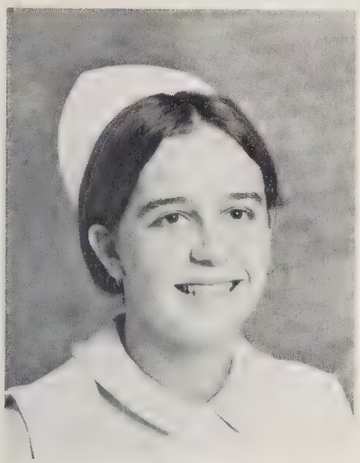
Carolyn Taylor

Gail Stubbs

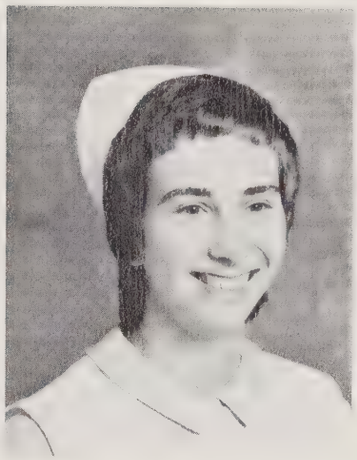
Carol Underwood

Nina Vincent





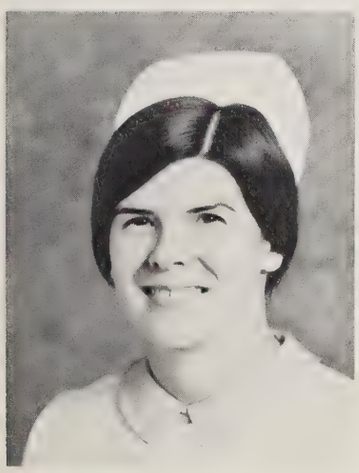
La Rae Wecherling



Peggy West

Susan West

Cheryl Whitfield



Rhonda Whitfield

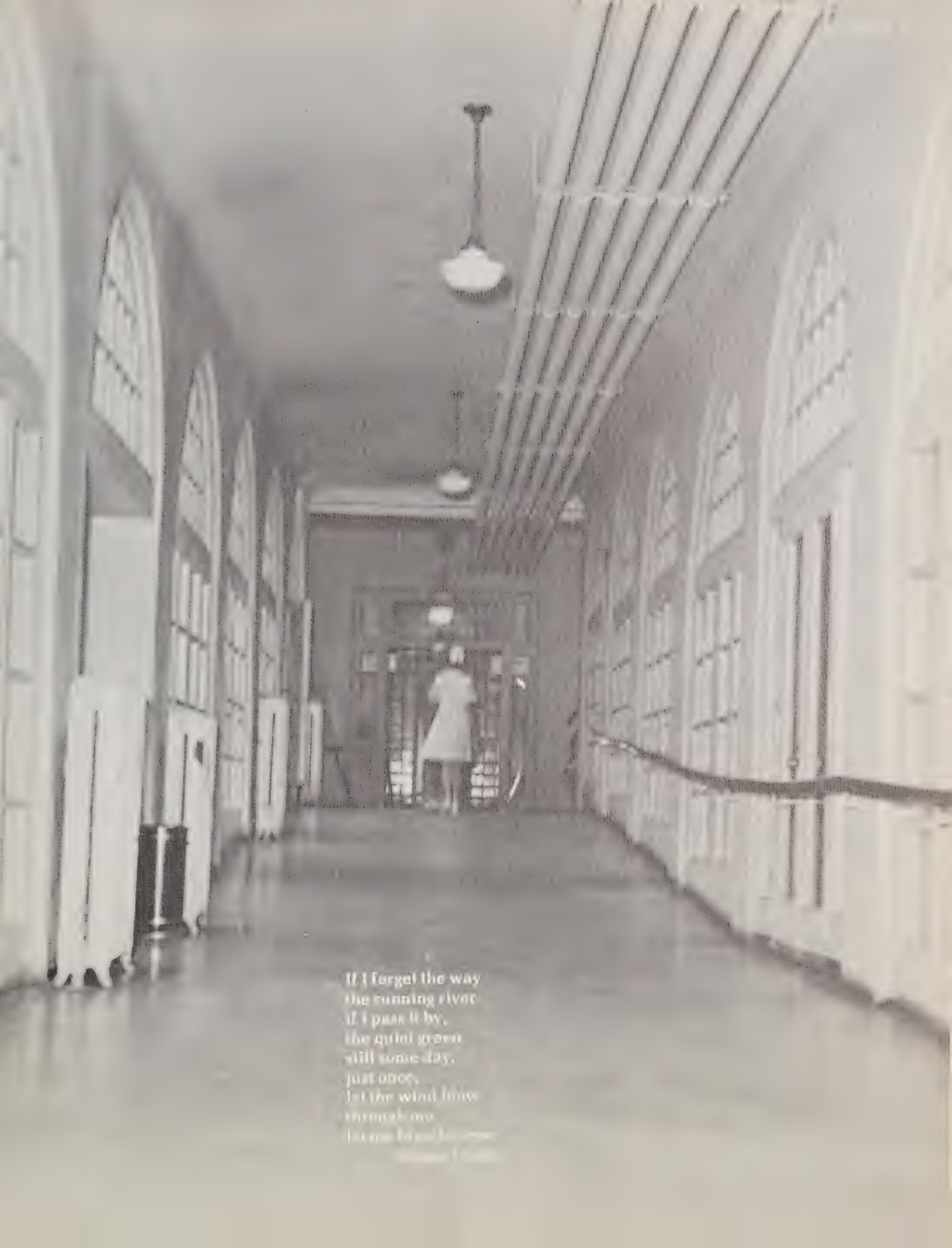
Pam Whitlow

Judy Williams

Karen Williams

Connie Wingert

Mary Yonts



If I forget the way
the running river
if I pass it by,
the quiet green
still some day,
just once,
let the wind blow
remind me

# JUNIORS

CLASS OFFICERS: G. Harrison, president; A. Gurganus, vice-president; S. Miles, secretary; G. Davis, treasurer.

CLASS FLOWER: Yellow Rose

CLASS MOTTO: "We shall climb this wall and we shall then explore the wonders on the other side."

JFK

Vanessa Bailey

Joyce Ball

Charlotte Blake

Sandy Cable

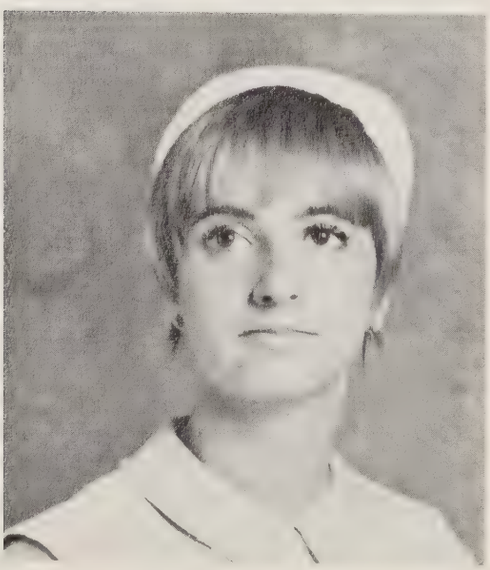
Beverly Cook

Marie Crabtree

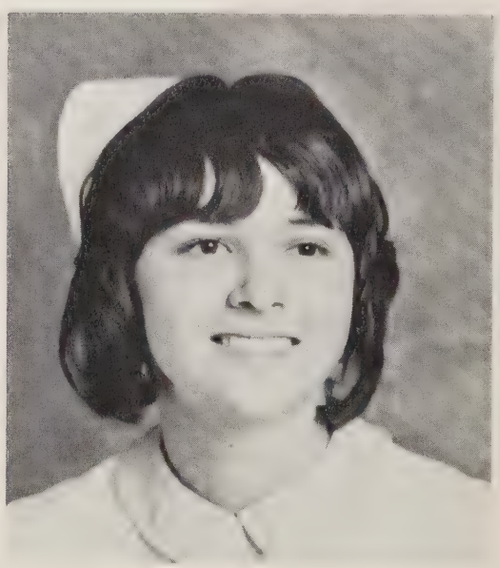
Barbara Crutchfield

Ginny Davis

Sherri Eddinger



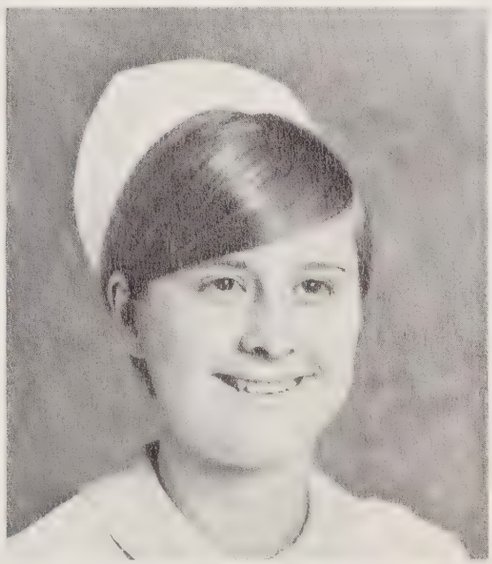
Donna Elam



Kay Ferguson

Linda Ferguson

Denise Gaster

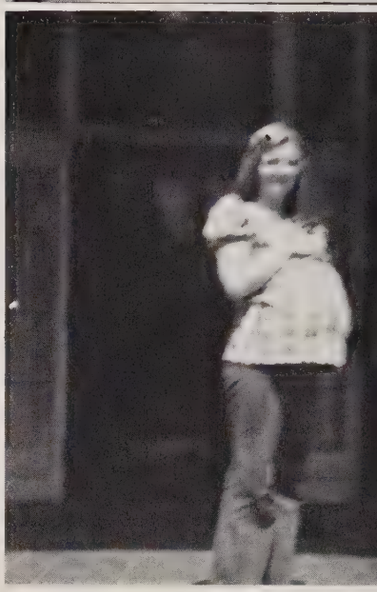


Rita George

Ann Gurganus

Phyllis Harris

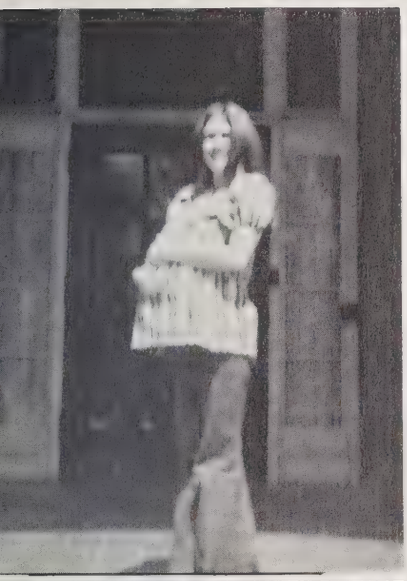
Gwyn Harrison



Donna Hawkins

Susan Holt

Cindy Howard



Danette James

Donnie Kirk

Lynn Landing

Sylvia Layfield

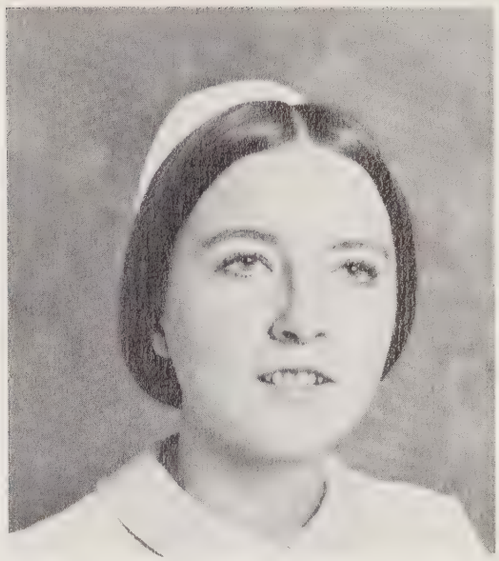
Cindy Lewis

Gail Long

Ruth Long

Brenda Maynard

Shelley Miles



Marilyn Monk

Becky Moss

Donna McKenzie

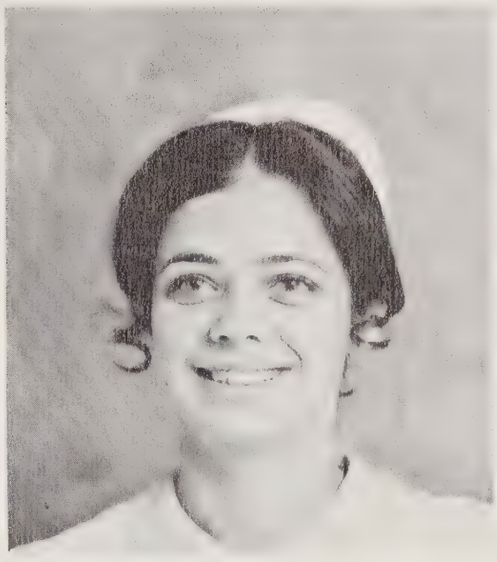
Bobbie Oakes

Lynda Parham

Gail Rhodes

Edna Rogers

Patsy Rippey



Kay Sauls

Karen Seekamp

Nancy Soble

When Am I Ever Going Home
When am I ever going home
back to the fields
that I once knew
before I went to seek out
skies of bluer blue?

Oh, when will I leave London town,
when will my traveling
be through
why is it now the newness
seems no longer new?

Some spring or fall
if time is good to me
I'll ride away
in the arms of love
and come back home to me

Now as the clock of youth unwinds,
old memories
overflow my mind
and I wonder when I'm all alone
When am I ever going home?

Rod McKuen

Donna Way

Cathy Wilson

Ellen Wood

A Smile is Cheer to you and me
The cost is nothing — it's given free
It comforts the weary — gladdens the sad
Consoles those in trouble — good or bad
To rich and poor — beggar or thief
It's free to all of any belief
A natural gesture of young and old
Cheers on the faint — disarms the bold
Unlike most blessings for which we pray
It's one thing we keep when we give it away.

Jo Petty

# SENIORS

OFFICERS: L to R: R. Wrenn, Treas.; S. Merkel, Pres.; S. Jones, Sec.; Not pictured — S. Kornegay, V-Pres.

CLASS FLOWER: Carolina Blue Carnation

CLASS MOTTO: If I did not work,
these worlds would
perish . . .
Bhagavad-Gita

MARCIA PERRY ALLEN

Raleigh, N.C.

CATHERINE MAE AUSTIN

Southern Pines, N.C.

BRENDA SUE BOWLES

Durham, N.C.

DIANE HURDLE BEAVER

Durham, N.C.

BARBARA JOLENE BURKE

Swansboro, N.C.

DEBORAH KAY BURKE

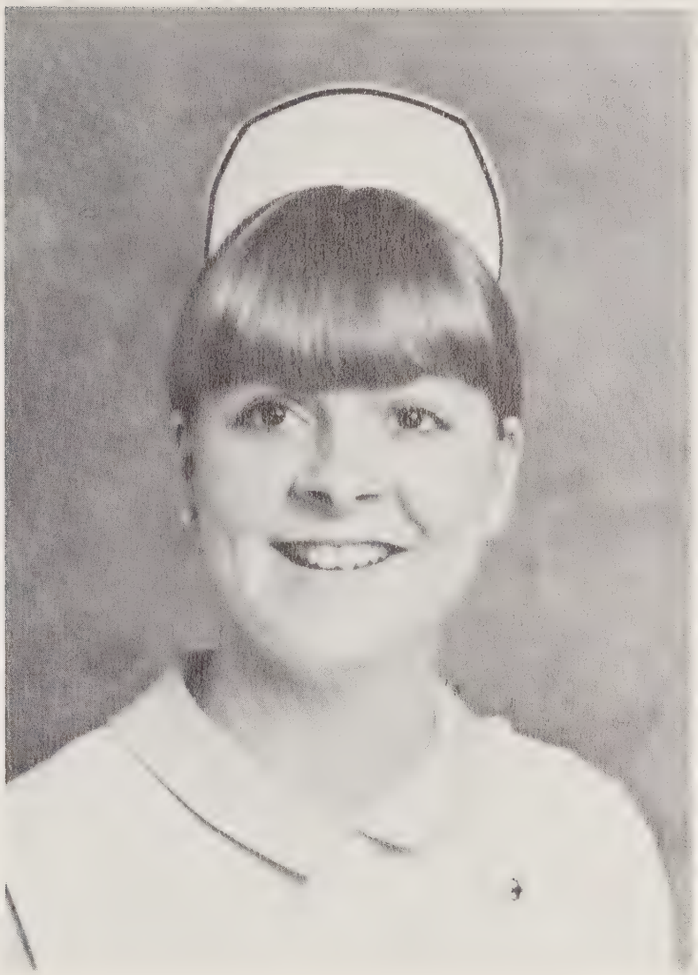
Siler City, N.C.

BRENDA KAY CASH

Timberlake, N.C.

VIOLET READE CLAYTON

Timberlake, N.C.



WANDA GAIL CLAYTON

Timberlake, N.C.

PATTY CLINE

Durham, N.C.

PRISCILLA WRENN COLE

Durham, N.C.

LINDA MORGAN DAVIS

Hillsborough, N.C.

NANCY DILAHAY

Durham, N.C.

TRILBY SIGMON DRAEGER

Durham, N.C.

CAMILLE ANNA ECKARD

Mocksville, N.C.

BETTY JO FARRELL

Durham, N.C.

CATHY DALE FOUSHEE

Sanford, N.C.

DEBORAH GARRETT HORNER

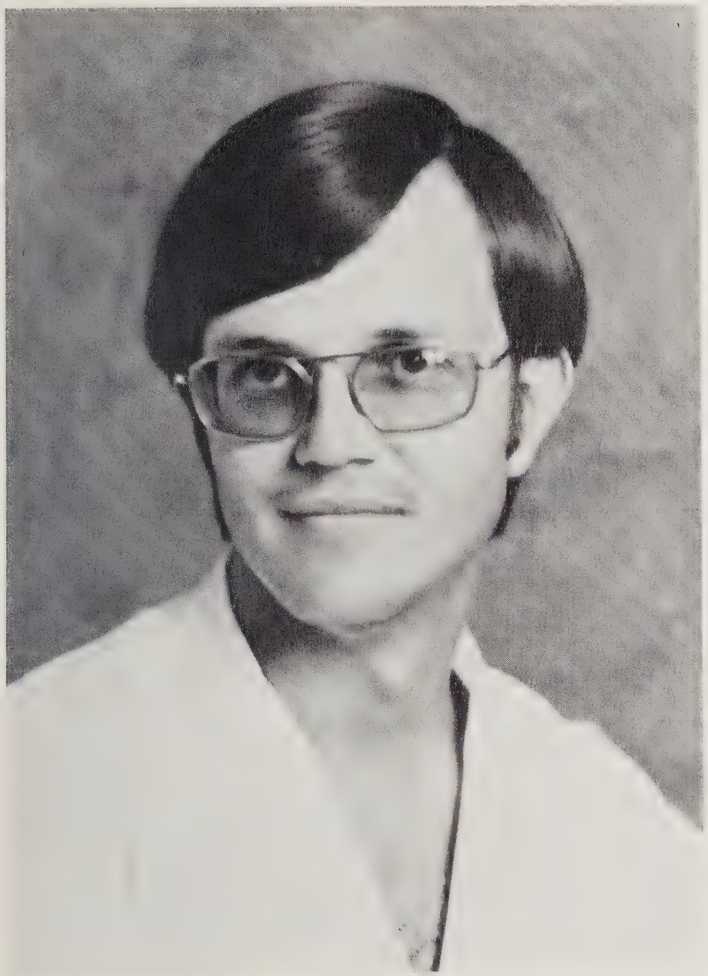
Durham, N.C.

SHIRLEY FARRAR JONES

Durham, N.C.

MARTHA ROGERS KORNEGAY

Durham, N.C.



STEVEN LEWIS KORNEGAY

Mt. Olive, N.C.

JOSIE ALLEN MARTIN

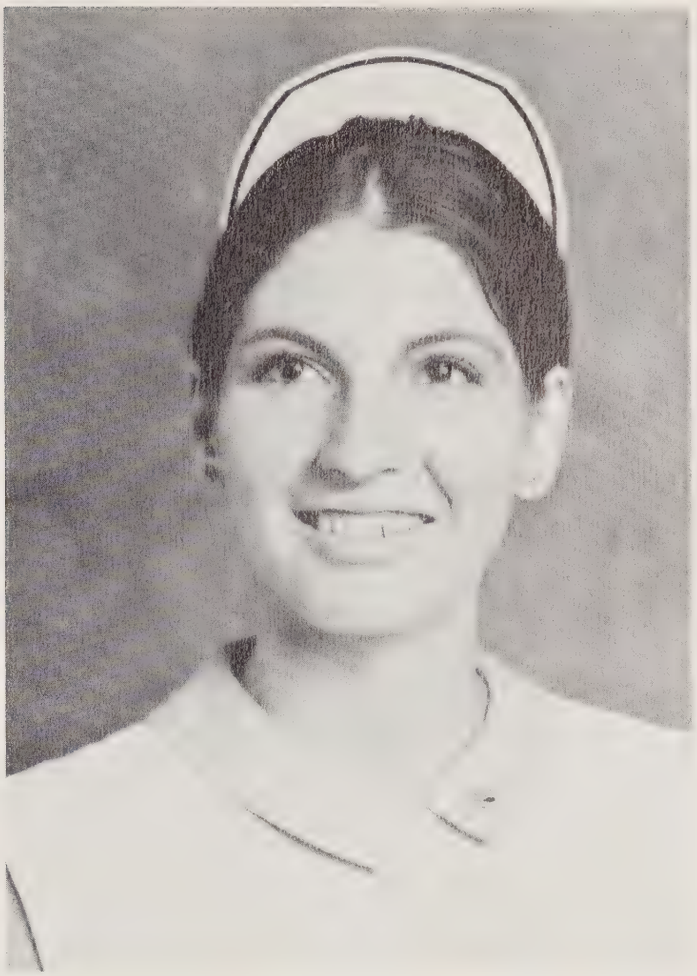
Roxboro, N.C.

LINDA BOWLING MASON

Durham, N.C.

CATHERINE SEIGLER MEDLIN

Halifax, N.C.

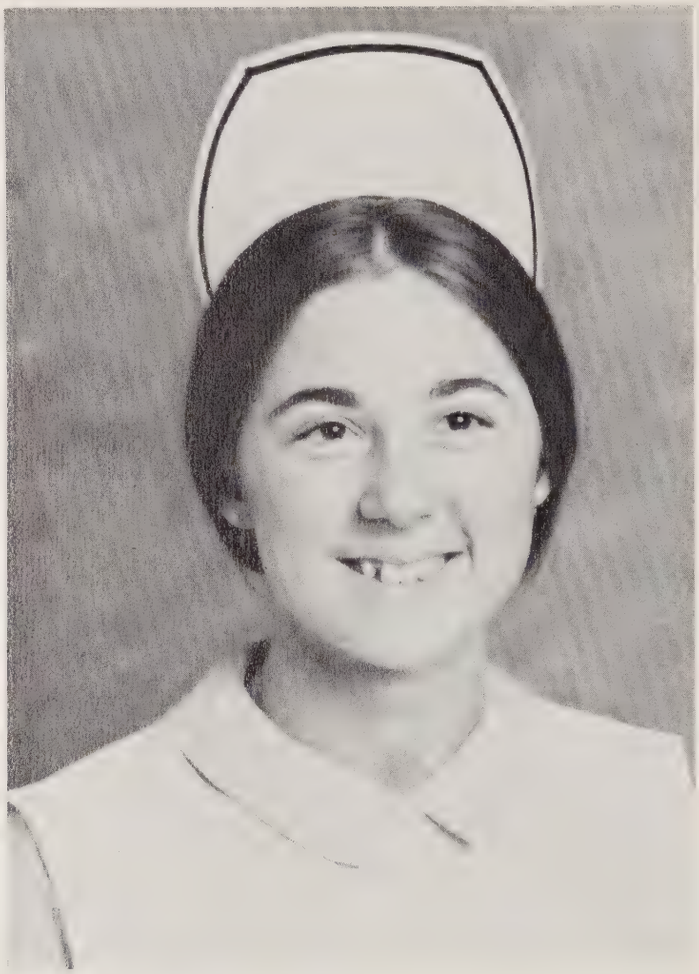


SUSAN ELAINE MERKEL

Lake City, Fla.

DONNA SINGLETON PILSON

Durham, N.C.



PAMELA JOYCE SATTERFIELD

Timberlake, N.C.

MARION MOORE SESSOMS

Durham, N.C.

LOIS WILLIAMS SHARPE

Durham, N.C.

BETTY KARAN SINCLAIR

Maxton, N.C.

JOANNE SNEAD

South Boston, Va.

SHIRLEY YOUNG STARCHER

Fayetteville, N.C.

SALLY MAHONEY STEPHENSON

Danville, Va.

BARBARA LEWIS THOMAS

Goldsboro, N.C.

LINDA CAROL WHITFIELD

Fayetteville, N.C.

SHEILA ELIZABETH WILKERSON

Roxboro, N.C.

CASSANDRA JANE WILLIAMS

New Bern, N.C.

DEBRA LYNN WILLIAMS

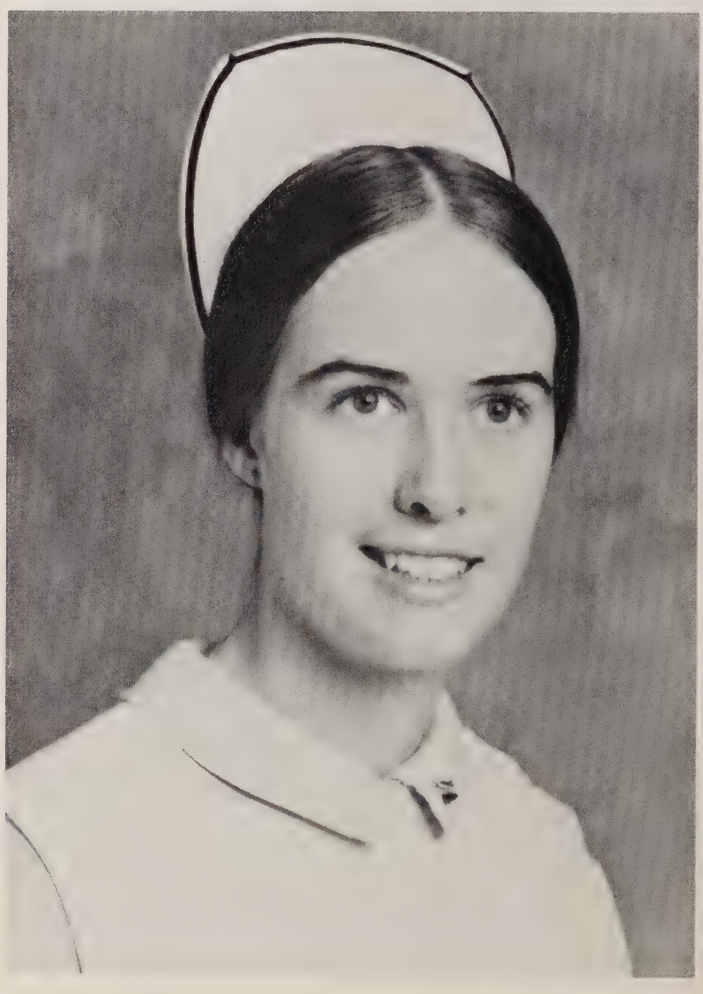
Raleigh, N.C.

SANDRA JANE WOODLIEF

Wake Forest, N.C.

ROSE WHITE WRENN

Cary, N.C.



## FRIEND

Come sit by me
comfort me
radiate your care
my only plea

We haven't much time
hour one then two and three
before I must go
are you still mine?

What have I done
what have I not
for you everything
will you not come?

Will you then
my love
my world
go now, leave as a friend.

by,
Lori Lederman

IDEA
PLAN
WORK
FUN
MONEY
BILLS
MEMORY

"Sampling" is an integral part of participation!

## . . . SPAGHETTI SUPPER . . .

IDEA
PLAN
WORK
FUN
MONEY
BILLS

Steve was our "Chief Chef" that night! Hope your shirt came clean!

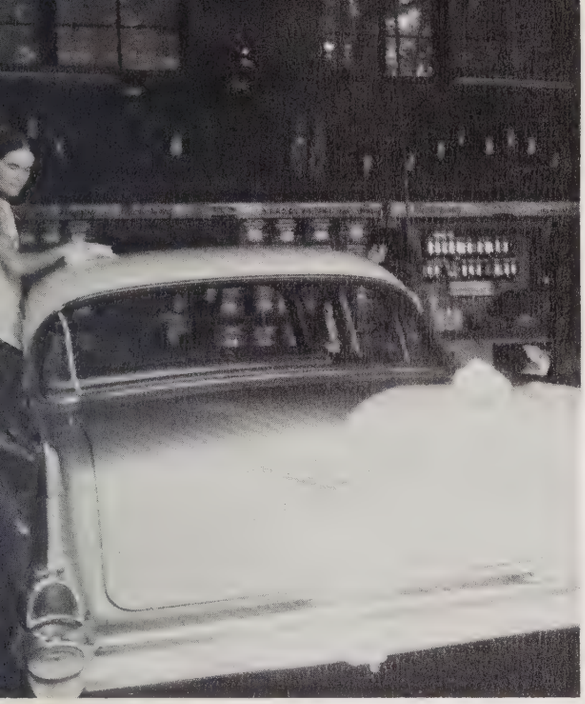
"I hope she doesn't buy that; I want it!!"

Linda sees that even water spots aren't left!

# . . . BAZAAR . . . . . CAR WASH . . .

We certainly had a display of good buys that day!

"Now don't you think that's good enough?!"



for the Seniors, these past three years
are now a collage of memories to us.
it contains tearful situations, happy
moments, and unforgettable events. We
have learned, we have matured, we have
helped; we have recognized our own weaknesses.
Seniors . . . . . we have so far to go.

We, the editors present this 1974 WHITE CAP ANNUAL to you. We would like to thank those on our staff and classmates that have helped us. There are so many things we would have liked to include, but just couldn't fit in — especially our housemothers, Annie, Alice, Willie, and Izzy and any others not included. We would like to thank our advisor, Mrs. Patty Hill once again, and Sam Grey for the pictures he donated to us. The work hasn't been easy and we hope the Student Body enjoys our hours of hard labor. We will remember our three wonderful years at Watts Hospital and will recall these memories each time we pull out our 1974 WHITE CAP to reminisce awhile.

We thank you all, and wish you the best of luck always.

Sincerely,
Sande Williams and
Rose Wrenn

Watts School of Nursing Library
D.C.H.C.